



OPTION CHANGE REQUEST

Email: optionchange@medshield.co.za

Option changes as per the Scheme Rules may only be made effective 1 January of a benefit year, provided that the request is received by the Scheme no later than 31 December. No late submission or mid-year option changes will be permitted.

Understanding the exact benefits on the option you are considering (including prescribed minimum benefits, chronic medication and the medicine formulary, Day-to-Day, dental, optical benefits, and hospitalisation), is a task best undertaken with the advice and guidance of your financial advisor.

Changing to a lower benefit option will result in lesser benefits and there may be a significant impact on how your chronic medication will be covered as opposed to the formularies used by your previous option. This could lead to more out-of-pocket expenses due to certain medication/s not covered on your new option and certain benefit limits on certain options only cover PMBs, meaning that non-PMB conditions and or procedures will not be covered.

It is also important to consider the choice of network providers, as certain benefit options allow you to choose freely while other options are network restricted.

Please ensure that you have read and understood the benefits of your selected option together with your financial advisor to ensure your choice of benefit option best suits your medical and financial needs before you make your selection.

Please complete all the relevant sections of this form in BLOCK LETTERS.

SECTION A

TO BE COMPLETED BY PRINCIPAL MEMBER OF THE SCHEME

Membership Number:

[illegible]

Member Name:

[illegible]

Member Surname:

[illegible]

ID/Passport Number:

[illegible]

Please provide at least one email address:

Personal Email Address:

[illegible]

Business Email Address:

[illegible]

Cell Number:

[illegible]

SECTION B

CHANGING OF BENEFIT OPTION

From Option:

[illegible]

To Option:

[illegible]

SECTION C

GENERAL PRACTITIONER (GP) NOMINATION

Beneficiaries who nominate a GP will qualify for 2 additional visits from the Overall Annual Limit if the Day-to-Day Limit (or Personal Savings Account for MediSaver and PremiumPlus) is exhausted, provided they consult their nominated GP.

GP Nomination is linked to your chosen benefit options as indicated below:

- If you have chosen **MediPhila, MediCurve, MediValue Compact** or **MediPlus Compact** - it is compulsory for you and your dependants to each nominate ONE (1) GP from the network linked to your chosen benefit option. Failure to do so will result in your option change not being processed.
- If you have chosen **MediValue Prime, MediPlus Prime, MediBonus, MediSaver** or **PremiumPlus**, the GP nomination is voluntary, and each beneficiary can nominate ONE (1) GP from the network linked to your chosen benefit option.
- If you have chosen **MediCore** (hospital plan) each beneficiary can voluntarily nominate ONE (1) GP from the network associated with your chosen benefit option. This allows each beneficiary to qualify for two GP visits from the Overall Annual Limit, even though it is a hospital plan, provided they consult their nominated GP.

The registered networks per option are available on the website, please visit: www.medshield.co.za

Beneficiary	Beneficiary Name	Nominated General Practitioner Name	Practice Number / Telephone
Principal Member			
Dependant 1			
Dependant 2			
Dependant 3			
Dependant 4			
Dependant 5			
Dependant 6			
Dependant 7			

(if your contributions are paid via your employer this section **MUST** be completed.) (NOT FOR PERSAL MEMBERS)

[illegible][illegible][illegible][illegible][illegible]

*If no Company Stamp is available,
please mark this block with an X.*

MEMBER DECLARATION

I, _____ (Principal Member's full name) the undersigned, hereby give Medshield Medical Scheme the authority to make the change upon receiving my signed form and acknowledge that:

- ☐ Details contained herein are true and accurate
- ☐ I acknowledge that I am familiar with the benefits and rules of my new chosen benefit option
- ☐ I understand how the benefit option change will impact my cover and benefits and I take responsibility for the consequences of any benefit changes as a result of the option change
- ☐ I acknowledge that I have received advise from my financial advisor / or am exercising this change by my own informed choice
- ☐ I am aware that once I have decided to move to another benefit option as per the Scheme Rules, I will not be allowed to reverse this decision during the 2026 benefit year.

- That you are at risk of the Scheme possibly only deducting your correct contribution in February 2026.
- If your option change result in a credit due to you, the credit will be offset against your February 2026 contribution. Please note that the Scheme will not refund these credits directly into your bank account.

Principal Member Signature: _____

Date:

D

D

M

M

Y

Y

Y

Y

Completed option change can be submitted via e-mail to optionchange@medshield.co.za.