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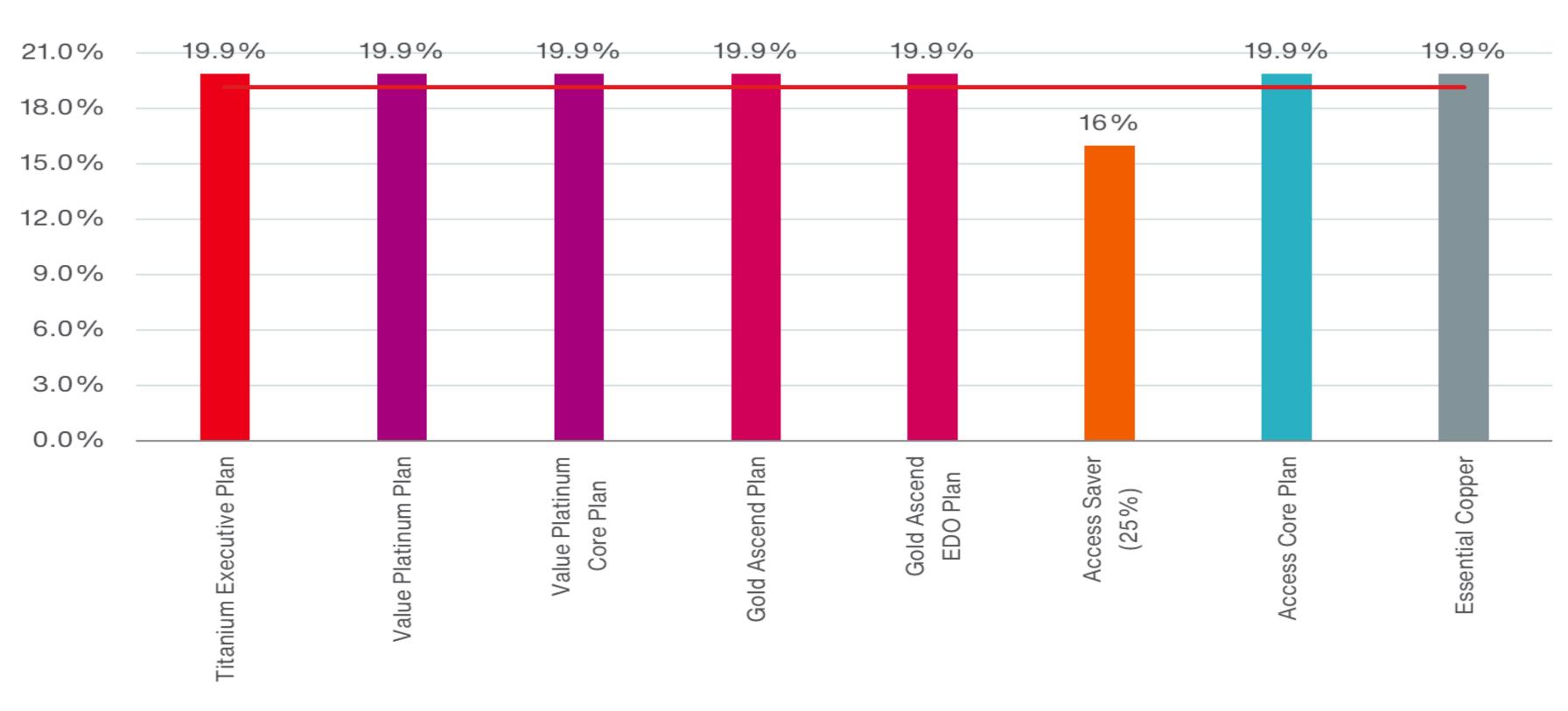
Sizwe Hosmed Medical Scheme

Alert



1 November 2025 Contribution Increase

Weighted Average Increase 19.15%



Sizwe Hosmed has announced an average weighted contribution increase of 19.15%, effective from 1 November 2025 to 31 December 2026. This adjustment is designed to strengthen the scheme's solvency and ensure its long-term stability, with the goal of achieving full solvency by 2028. These increases reflect the scheme's commitment to maintaining comprehensive benefits while securing its financial health for members. Contribution increase has been approved by the Council for Medical Scheme.



1 November 2025 Contribution Increase

Contributions effective 1 November 2025 – 31 December 2026

| Plan | Principal Member | Adult Dependant | Child Dependant |
|-------------------------|------------------|-----------------|-----------------|
| Essential Copper | R3 625 | R3 625 | R1 255 |
| Access Core | R3 161 | R2 726 | R636 |
| Access Saver | R3 911 | R3 378 | R785 |
| Gold Ascend | R4 468 | R4 291 | R1 234 |
| Gold Ascend EDO | R4 249 | R4 077 | R1 171 |
| Value Platinum | R6 696 | R6 287 | R1 834 |
| Value Platinum Core | R6 363 | R6 094 | R1 624 |
| Titanium Executive | R11 737 | R10 385 | R2 399 |



2026 Benefit Changes

Benefit changes:

- Sizwe Hosmed has communicated a 5% benefit limit increase across all options, with effect 1 January 2026.
- There will be an adjustment to the Annual Medical Savings Accounts and Threshold limits.
- Co-Payments on Access Saver have increased as follows:
 - Skin disorders: R1,960
 - o Arthroscopy: R3,920
 - Bunionectomy: R3,920
 - o Removal of varicose veins: R1,960
 - o Refractive eye surgery, aphakic lens: R3,920
 - o Infertility treatment: R6,535
 - Non-cancerous breast conditions: R1,960

These are the salient benefit changes announced. More detailed information to follow in the member letter.



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