

AON

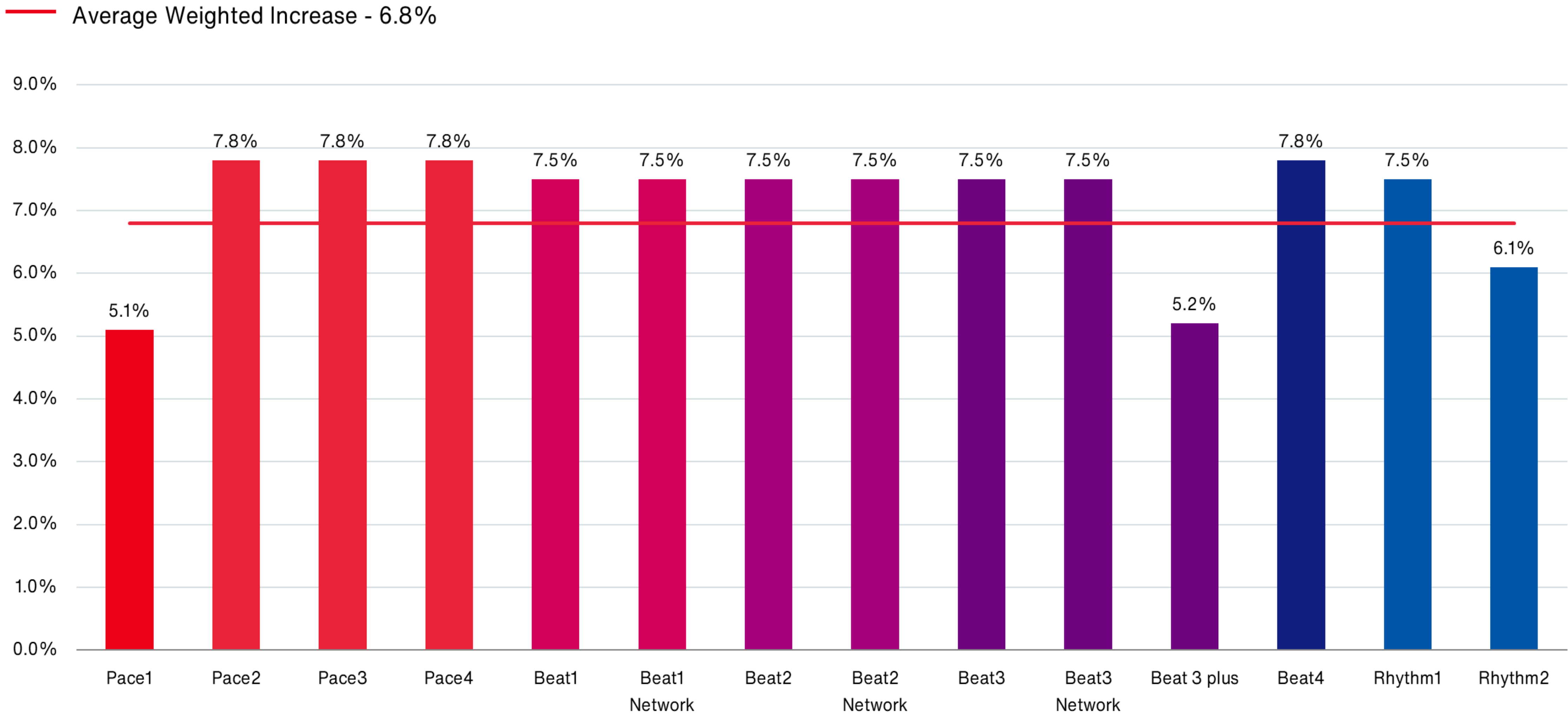
# Bestmed Medical Scheme

Alert





# 2026 Contribution changes



# 2026 Benefits Changes

## Key Benefit Enhancements:

- **Benefit Limits increased by 4.6%**
- **Adenoidectomy benefit:**
  - Adenoidectomy procedure added on Rhythm1. This procedure is now combined with the tonsillectomy procedure to enrich non-PMB conditions.
- **Cochlear implants and bone anchored hearing aids (BAHA) limit increased:**
  - Beat 4 R124,108 to R250,000
  - Pace 1 R247,118 to R250,000
  - Pace 2 R247,118 to R285,000
  - Pace 3 R247,118 to R320,000
  - Pace 4 R247,118 to R350,000
- **Shoulder Replacement benefit:**
  - This benefit is now included in the knee replacement limit on the Pace range – this was previously paid from the hip and other joint replacement limit.
- **Medically necessary Breast Reduction Surgery:**
  - Pace 4 – an increase to the benefit limit introduces an all-inclusive maximum limit for breast reduction surgery up to R100,000 per annum.
  - This benefit has now been introduced on Pace 3 for 2026.

# 2026 Benefits Changes

## Benefit changes continued:

### Preventative care benefit:

- The addition of faecal occult colon cancer screening on ALL options. This benefit is available once every 24 months for beneficiaries 40 years and older.
- HIV rapid testing has been added on ALL options and will be paid once every 12 months at a Designated Service Provider (DSP) pharmacy.
- Prostate specific antigen (PSA) screening - the qualifying age has been reduced from 50 to 45 years and will be covered every 24 months.
- Prostate specific antigen (PSA) screening has been added to Beat 1 and Rhythm 1 – therefor this benefit is now available on ALL options.
- **Intrauterine device (IUD):**
  - Separate IUD benefit limit has been introduced, and members will be able to use either the female oral contraceptive benefit or the new IUD benefit that is available every 5 years. This benefit only covers the IUD device. Members will not be able to use both benefits in a benefit year.
  - IUD limits differ from option to option (starting at R3,295 up to R4,225 option dependent)
- **Take-home medicine limit increased for retail pharmacy:**
  - In 2025, members could collect their script post hospital discharge from a retail pharmacy but could only claim between R150 – R200, depending on the option.
  - In 2026 this limit has increased to between R450 - R700 depending on option.

## Contact Aon

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