



From
R2 568
per month

Cover for everyday medical costs

Day-to-day benefits

 **R1 650**
 **R3 200**

 **GPs**

 **Specialists**

 **Physiotherapy**

 **Medicine**

 **Emergency room cover for children under 19**

 **Post-hospital care**
Up to 30 days after discharge from hospital or day procedure facilities

Care that goes beyond day-to-day cover

Added insured benefits

 **Contraceptives**
R2 300/R2 550

 **8 maternity consultations**

 **2 GP/specialist visits for children under 2**

 **Preventive care**
Health tests and screenings

 **Care extender:**
2 GP visits

 **R1 050 for acute medicine or self-medication**

Activated after completing certain health screenings/tests

Cover when it matters most

Core benefits

 **Trauma and emergency**

 **Quality private hospitalisation**

 **271 prescribed minimum benefit (PMB) and 26 Chronic Disease List (CDL) conditions**

 **Specialised radiology, in and out of hospital**

 **MedVital**

An affordable hospital plan that goes further, with added cover for maternity, contraceptives, and minor medical expenses

Complementary value-added journeys

Extra support, over and above your everyday cover

Care programmes

 **Parenting journey**
From pregnancy to pre-school, you're supported through every stage.

 **Mental health benefits**
Dedicated mental health support so that you can show up fully for your life.

 **Post-hospital recovery support**
Guided recovery, from hospital back to home.

 **Cancer care**
Even when the journey gets harder, your cover continues.

 **Compassionate care**
Compassionate support through serious illness, helping you and your loved ones navigate through serious illness with comfort and dignity.

 **Chronic care management**
Support to help you manage diabetes and other chronic conditions, with care that keeps you on track.

 **Back and neck treatment**
Helping you feel your best again, with support to improve movement and manage back and neck pain.

 **HIV/AIDS Programme**
Confidential testing, treatment, and support without judgement.

Monthly contributions

	 MedVital Elect	 MedVital
Main member	R2 568	R3 300
Dependant	R1 866	R2 532
Child dependant <26 years	R1 080	R1 134

On MedVital, you only pay for the two youngest children under the age of 18 and child dependant rates until they turn 26

 **MedVital**
Elect Save on your monthly contributions when you choose the network option

Medihelp is an authorised financial services provider (FSP no 15738). This is a summary of benefits. In the event of a dispute, the registered Rules of Medihelp will apply, subject to approval by the Council for Medical Schemes.

Monthly contributions

		MedVital Elect	MedVital
Main member		R2 568	R3 300
Dependant		R1 866	R2 532
Child dependant <26 years		R1 080	R1 134

Pay for only two children under the age of 18 and pay child dependant rates for children until they turn 26

Day-to-day benefits

GP, specialist, virtual, and telehealth consultations (via Docotela), acute medicine, immunisations, physiotherapy, and visits to emergency units	Member: R1 650 Family: R3 200
MedVital Elect – GP network	
Dentistry (DRC network)	Removal of impacted teeth in the dentist's chair
New: Emergency room cover for children under 19	Emergency room facility fees and consultations for urgent to life-threatening conditions. Subject to triage and the severity of the emergency
Care extender benefit	New
Two additional GP consultations	Activates for the family once we've paid the first two claims for two different specified health tests* from your added insured benefits
R1 050 for acute medicine or self-medication dispensed at a network pharmacy	Activates for the family once the biometric measurements and the first claims are received, processed, and paid for a combo health screening** from your added insured benefits

Added insured benefits

Medihelp provides these benefits on top of your insured day-to-day benefits. You can activate them when Medihelp receives your verified biometric measurements from your health tests and screenings at Dis-Chem or Clicks. You can view your available benefits on the Member Zone at any time.

Maternity benefits + <i>Complementary Parenting journey</i>	<ul style="list-style-type: none"> Eight antenatal and postnatal consultations with a midwife/GP/gynaecologist An antenatal or postnatal consultation: <ul style="list-style-type: none"> One with a dietitian (antenatal or postnatal); or One with a clinical psychologist (postnatal); or One with a lactation specialist; or One antenatal class with a private nurse practitioner Two 2D ultrasound scans Hearing screening for newborns up to 8 weeks, in and out of hospital
Babies <2 years	Two consultations with a paediatrician/GP/ear, nose, and throat specialist
Child immunisation	Standard immunisation up to age 7
Preventive care benefits	<ul style="list-style-type: none"> A tetanus vaccine A flu vaccine A mammogram* every two years A Pap smear* every three years A prostate test* Faecal occult blood test (FOBT)* A bone mineral density test* every two years Two HPV vaccinations for girls and boys between 10-14 years or three between 15-26 years <p>New:</p> <ul style="list-style-type: none"> Meningococcal vaccination: <ul style="list-style-type: none"> 2 doses for children 2-23 months 1 dose for beneficiaries 13-26
Health screenings	One combo health screening (blood glucose, cholesterol, BMI, and blood pressure measurement)**
New: Contraceptives for female beneficiaries 12 to 55 years or until menopause	<ul style="list-style-type: none"> Oral/injectable/implantable contraceptives – R170 per month, up to R2 300 per year Intrauterine device – R2 550 every 60 months

Core benefits

In-hospital treatment and life-essential services (insured benefits)	
	No overall annual limit (Co-payments may apply)
Hospitalisation	<p>MedVital: Any private hospital. Day procedure network applies for certain day procedures</p> <p>MedVital Elect: Network hospitals. Day procedure network applies for certain day procedures</p>
Medicine dispensed on hospital discharge: Applicable medicine dispensed and charged by the hospital on discharge from the hospital (to take out or TTO), excluding PMB/ chronic medicine	R460 per admission (limited to 7 days)
Trauma that necessitates hospitalisation	Unlimited
Childbirth	<ul style="list-style-type: none"> In hospital – unlimited Home delivery – R17 900 per event
Specialised radiology	R21 000 per family per year (co-payments apply)
Radiography	R1 440 per family in-hospital
Post-hospital speech therapy, occupational therapy, and physiotherapy	R2 540 per member and R3 640 per family, after discharge from a day procedure facility or hospital
Emergency transport (Netcare 911)	<ul style="list-style-type: none"> In country of residence: Unlimited (RSA, Lesotho, Eswatini, Mozambique, Zimbabwe, Namibia, and Botswana) Outside country of residence R2 730 per case for road transport and R18 500 per case for air transport
Treatment of life-threatening conditions	Unlimited Includes 271 PMB and 26 Chronic Disease List (CDL) conditions
PMB medicine	Unlimited, subject to pre-authorisation and clinical protocols MedVital Elect: Formulary (medicine list) and DSPs apply
Cancer treatment	R275 600 per family (subject to pre-authorisation)
	<ul style="list-style-type: none"> Hospitalisation and professional psychiatric services: R26 200 per beneficiary per year to a maximum of R40 100 per family per year
Mental health (psychiatric treatment)	<ul style="list-style-type: none"> New: Treatment of depression out of hospital, subject to registration on the Depression Support Programme: R3 500 per beneficiary per year for services rendered by psychiatrists, clinical psychologists, social workers, occupational therapists, registered counsellors, and psychiatric nurses Medicine: R130 per beneficiary per month
Health-essential functional prostheses	<ul style="list-style-type: none"> R31 700 per person Intraocular lenses – R5 650 per lens, two lenses per person Hip, knee, and shoulder replacement – non-PMB cases are limited to replacements caused by an acute injury
Other prostheses	<ul style="list-style-type: none"> EVARS prosthesis – R47 600 per person Vascular/cardiac prosthesis – R47 600 per person
Organ transplants	<ul style="list-style-type: none"> PMBs only – unlimited Cornea implants – R39 400 per implant
Palliative care	Out-of-hospital benefit: R26 200 per family
Wound care	Unlimited, subject to pre-authorisation and clinical protocols, as an alternative to hospitalisation
Other core benefits	Including renal dialysis, oxygen, hospice, subacute care, and private nursing services as an alternative to hospitalisation

Important

This is only a summary of the available benefits and co-payments that may apply to certain benefits. Please consult the registered Rules of Medihelp and the Member guide for more details. In case of a dispute, the Rules of Medihelp will apply (subject to approval by the Council for Medical Schemes). Certain added insured benefits are not available if the patient has registered the medical condition for PMB or chronic medicine benefits, as the treatment is no longer considered as preventive care.

