

Momentum Health4Me summary of changes

Specialist benefit enhancement

The specialist benefit limit has increased to R1 425 per visit, with a maximum of R2 850 per member or family per year.

Emergency booster benefit

Employers can choose to add the Emergency booster benefit to Base or Standard Accident and emergency cover, unlocking a

- casualty benefit up to R30 000 per event (Base and Standard)
 - in-hospital benefit up to R300 000 (Base) or R425 000 per event (Standard)
- at a private hospital for qualifying emergency events relating to acute appendicitis, acute asthma or respiratory disorders, acute pancreatitis, acute pneumonia, cholecystitis, gastroenteritis with dehydration, diabetic ketoacidosis, ectopic pregnancy, kidney stones, pulmonary embolism, acute investigation and stabilisation of fits/seizures.

The benefit is subject to the same maximum of R5 000 000 (Standard) and R 2 500 000 (Base) that is payable per member per year for Accident and emergency cover.

Emergencies not on the qualifying list are stabilised and treated at a State facility. Cover includes diagnostic scans (MRI and CT), take-home medication, prosthetics, assistive devices, and rehabilitation services, subject to clinical approval and per event limits.

Smarter care with Hello Doctor

Hello Doctor's AI-powered smart symptom checker reduces potential wait times from an hour to just minutes. Smart symptom checker takes under 90 seconds and unlocks self-care advice for minor conditions, or instant connection to a healthcare professional for a video consultation, enabling quick access to the right care.

Parent Sense replacing BabyYumYum

Parent Sense replaces BabyYumYum as our provider for maternity and post-partum support, with benefits that include:

- access to current and credible information on all topics related to parenthood
- support post-partum from a nurse/midwife at home with bathing, swaddling, latching and feeding
- nurse/midwife home visits on day 2 and week 2 after the birth of the baby.