

Life Stages Financial Journey

Dynamic and Proactive Support for every stage of life

Starting Strong

For new employees embarking on their careers and earning their first income.



14 April 2026
10:00 – 11:00

Great Expectations

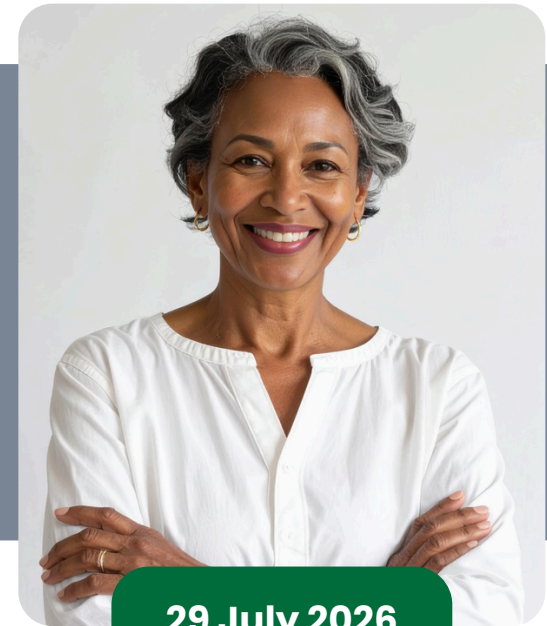
For parents who are expecting or have recently welcomed a new family member.



27 May 2026
10:00 – 11:00

Freedom beyond 9-5

For employees in their 50s who are starting to plan more thoughtfully for life beyond the traditional 9-to-5.



29 July 2026
10:00 – 11:00

Financial Wellbeing Life Stages Journey

Introduction

While we support all employees at every stage of their financial lives, we know that at certain times we may need a little more support—moments when the timing feels right for either making a fresh start or adjusting our financial plans as we experience change on our money journeys.

Our Financial Life Stage Journeys for 2026 are designed to guide employees through these meaningful transitions with practical information, supportive tools, and a community of people navigating similar experiences.

The journeys are **free** and **accessible** to you and your immediate family members.

- An **open webinar** to introduce the journey and unpack key financial concepts and principals
- A **comprehensive toolkit** of resources and guides
- A **digital support** journey
- An opportunity to engage with your personal financial coach
- **Support groups** to connect with like-minded individuals in similar life stages

Learn more about the Fabulous Life Stages Support Journey

Features:

- Life-stage specific, relevant content
- Hybrid delivery (webinar, digital, coaching and group support)
- Practical tools and real-world financial guidance
- Confidential and supportive engagement environment

Advantages:

- Targeted support when employees need it most
- Improved financial literacy and confidence
- Reduced financial stress during major life transitions
- Strengthened peer connection and community

Benefits for You

- Greater clarity and control over your personal finances
- Improved wellbeing and less stress as you navigate your money matters
- Better long-term financial decision-making
- Increased confidence and support

Benefits for HR/Wellbeing Custodians:

- Proactive support aligned to employee life transitions
- Enhanced employee engagement and retention
- Reduced productivity loss linked to financial stress
- Demonstrated commitment to holistic employee wellbeing

Step 1

Register for the financial journey that suits you



Step 2

Attend the Open Webinar

Step 3

Connect, Engage and Collaborate



Start Strong and Level Up Money Skills

This journey is specifically geared toward employees who are starting their careers and earning their first paychecks.

It supports young entrants into the work force no matter their income, experience or qualifications, as they learn to make informed and insightful money decisions at the start of their financial journeys.

Participants will have the opportunity to connect with others of a similar age and life stage, building confidence and clarity during this exciting phase.

Journey Overview

- **Understanding** your paycheck and financial skills
- **Creating** your budget and a savings plan
- **Managing** debt and making smart credit decisions
- **Building** financial habits for long-term stability
- Financial **Goal Setting**

Join us on the **14th April at 10:00 – 11:00**

[REGISTER HERE FOR THE WEBINAR](#)

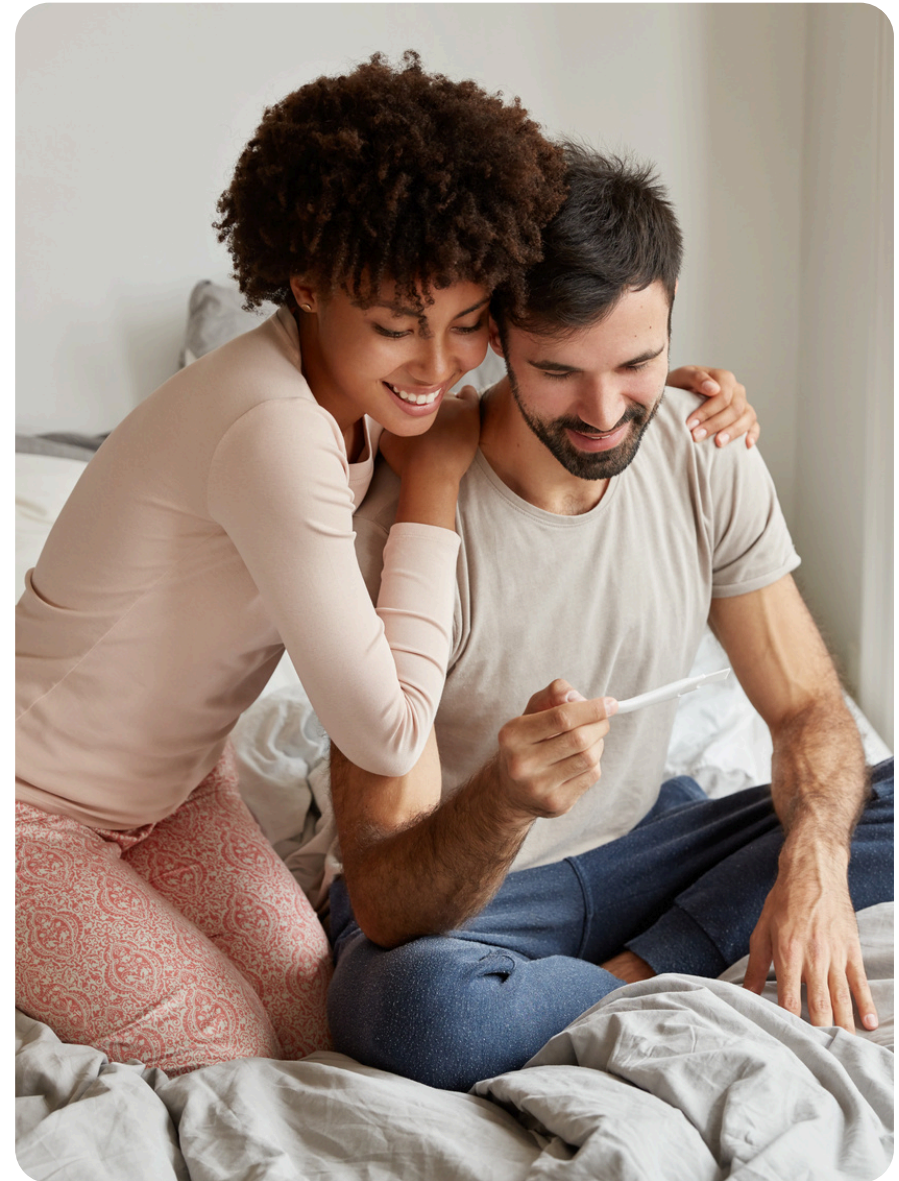
Great Expectations – Growing your Family

Great Expectations is designed for new and expectant parents—those who are growing their families or who have just welcomed a new member to their household.

This journey explores the financial, emotional, and logistical aspects of parenthood, providing clarity and support during one of life's most transformative periods.

Journey Overview

- **Budgeting** for your baby and planning for new expenses
- **Managing** changes in income and understanding available benefits
- **Medical aid** considerations, maternity and paternity support
- **Return-to-work** financial guidance
- **Essential admin** and paperwork support
- **Long-term planning** for education, childcare and family wellbeing



Join us on the **27th May at 10:00 – 11:00**

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Freedom beyond 9-5

Future First supports employees entering their 50s who are beginning to think more intentionally about life beyond the traditional 9 to 5.

This journey focuses on pre-, during-, and post-retirement financial planning, helping individuals prepare for a secure and meaningful future.

Journey Overview

- **Understanding retirement** options and timelines
- **Optimising** savings and investments
- **Planning** for lifestyle changes and long-term care
- **Navigating** emotional and identity transitions linked to retirement

Join us on the **29th July at 10:00 –11:00**

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