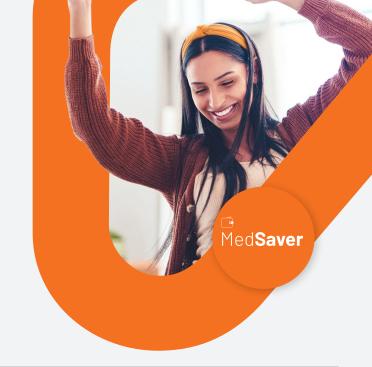




Comprehensive savings plan

R4 260 per month



Day-to-day benefits

25% savings per year



GPs

Physiotherapy



Specialists



Dentistry







In-hospital shortfalls

Once savings account is depleted:

R2 600 per year per family for GP and specialist visits, and OTC and acute medicine.

Added insured benefits







10 maternity consultations



Pa

Medicine

2 GP/specialist visits for children under 2 years



Preventive care
Health tests
and screenings

Care extender





1 GP visit **R1 000** self-medication

Activated after completing certain health screenings/tests

Core benefits



Trauma and emergency medical cover



Quality **private hospitalisation**



Care for **271 PMB**diagnoses and
all CDL conditions



Specialised radiology in and out of hospital

MedSaver's 25% savings account gives you the freedom to manage your medical expenses according to your needs. We've got your back with ample preventive care benefits.

Monthly contributions

| | ☐ Med Saver |
|---------------------------|--------------------------------------|
| Main member | R4 260 (R12 744 savings per year) |
| Dependant | R3 504 (R10 512 savings per year) |
| Child dependant <26 years | R1 302 (R3 888 savings per year) |

Savings account:

At the beginning of the year, the entire year's contribution to the savings account are available for us in the form of a credit facility. Unused funds

AND you pay child dependant rates until your children turn 26 years old.



Scan OR code

| Monthly contributions | | |
|------------------------------|--------------------|--|
| Main member | 0 | R4 260 (R1 062 savings contribution included per month and R12 744 per year) |
| Dependant | 0 | R3 504 (R876 savings contribution included per month and R10 512 per year) |
| Child dependant <26 years | 2 | R1302 (R324 savings contribution included per month and R3 888 per year) |
| Children pay child dependant | until they turn 26 | |

Day-to-day benefits

| | 25% savings available at the beginning of the year (see monthly contributions) |
|---|---|
| | Example of available savings: Member = R12 744 per year |
| Savings account | Member +1 = R23 256 per year Member +2 = R27 144 per year |
| | Unused savings are carried over to the next year and accumulate interest. Once your savings are |
| | depleted, insured day-to-day benefits become available |
| Medical and supplementary | R2 600 per family, after savings are depleted |
| healthcare practitioner services out of hospital | (GP consultations, specialist visits, acute medicine and over-the-counter medicine) |
| Radiography | R1 365 per family |
| Dentistry (DRC network) | Removal of impacted teeth in the dentist's chair |
| Care extender benefit | |
| One additional GP consultation | Activates for the family once we've paid the first claim for a specified health test* from your added |
| one additional GP consultation | insured benefits |
| R1 000 for self-medication dispensed at a network | Activates for the family once we've paid the first claim for a combo health screening** from your |
| pharmacy | added insured benefits |

Added insured benefits

Medihelp provides these benefits on top of your insured day-to-day benefits. You can activate them when Medihelp receives your verified biometric details from your health screening results from Dis-Chem or Clicks. You can view your available benefits on the Member Zone at any time.

| Maternity benefits | Ten antenatal and postnatal consultations at a midwife/GP/gynaecologist Two antenatal and postnatal consultations at a dietician/lactation specialist/antenatal classes Two 2D ultrasound scans Nine months' antenatal iron supplements Nine months' antenatal folic acid supplements Hearing screening for newborns up to 8 weeks, in and out of hospital |
|--------------------------|--|
| Babies <2 years | Two consultations at a paediatrician/GP/ear, nose, and throat specialist |
| Child immunisation | Standard immunisation up to seven years |
| Health screening tests | One combo health screening (blood glucose, cholesterol, BMI, and blood pressure measurement)** |
| Preventive care benefits | A tetanus vaccine A flu vaccine A mammogram* every two years A Pap smear* every three years A prostate test* Faecal occult blood test (FOBT)* A bone mineral density test* every two years Two HPV vaccinations for girls and boys between 10-14 years or three between 15-26 years |
| Contraceptives | Oral/injectable/implantable contraceptives – R170 per month, up to R2 310 per year Intra-uterine device – R2 730 every 60 months |

Core benefits

| Hospitalisation | No overall annual limit Any private hospital, and day procedure facilities apply for certain day procedures |
|---|---|
| Hospital medicine on discharge: Applicable medicine dispensed and charged by the hospital on discharge from the hospital (to take out or TTO), excluding PMB/chronic medicine | R440 per admission |
| Trauma that necessitates hospitalisation | Unlimited |
| Childbirth | In hospital – unlimited Home delivery – R17 100 per event |
| Specialised radiology | R30 000 per family per year (co-payments applicable) |
| Post-hospital care for speech therapy, occupational therapy, and physiotherapy | R2 415 per member and R3 465 per family, including discharge from a day procedure facility or hospital |
| Emergency transport (Netcare 911) | In country of residence Unlimited (RSA, Lesotho, Eswatini, Mozambique, Zimbabwe, Namibia, and Botswana) Outside country of residence R2 600 for road transport and R17 700 for air transpo |
| Treatment of life-threatening conditions | Unlimited Includes 271 PMB and 26 Chronic Diseases List (CDL) conditions |
| PMB medicine | Unlimited |
| Cancer treatment | R288 700 per family |
| Mental health (psychiatric treatment) | Hospitalisation and professional psychiatric services R31 800 per beneficiary per year to a maximum of R43 800 per family per year Treatment of depression out of hospital, subject to registration on the Mental Health programme: R4 20 per beneficiary per year, subject to the in-hospital limit, for services rendered by psychiatrists, psychologists, social workers, occupational therapists, and psychiatric nurses Medicine: R130 per beneficiary per month, subject to the in-hospital limit |
| Health-essential functional prostheses | R81 200 per person Intra-ocular lenses – R5 600 per lens, two lenses per person Hip, knee, and shoulder replacement – non-PMB cas are limited to replacements caused by an acute injurence. |
| Other prostheses | EVARS prosthesis – R171 400 per person Vascular/cardiac prosthesis – R73 200 per person Prosthesis with reconstructive or restorative surgery R12 300 per family |
| Organ transplants | PMB only – unlimited Cornea implants – R37 600 per implant |
| Palliative care | R27 700 per family |
| Wound care | Unlimited, subject to pre-authorisation and clinical guidelines, alternative to hospitalisation |
| Other core benefits | Including renal dialysis, oxygen, hospice, subacute care, and private nursing services as an alternative to hospitalisation |

This is only a summary of the available benefits and co-payments that may apply to certain benefits. Please consult the registered Rules of Medihelp and the Member guide for more details. In case of a dispute, the Rules of Medihelp will apply (subject to approval by the Council for Medical Schemes). Certain added insured benefits are not available if the patient has registered the medical condition for PMB or chronic medicine benefits, as the treatment is no longer considered as preventive care.









