

# **CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)**

DISCOVERY HEALTH MEDICAL SCHEME  
2025





## Chronic Illness Benefit medicine list (formulary) 2025

### DISCLAIMER

This document outlines the medications covered without a copayment under the Chronic Disease List (CDL) conditions. Certain items are exclusively covered under the Executive and Comprehensive plans, while others may not be available on KeyCare plans.

We cover approved medicine not on the medicine list (formulary) up to a monthly Chronic Drug Amount (CDA) that has been allocated for that medicine class, up to the Discovery Health Rate (DHR) or the Reference Price, whichever is applicable.

Please note that the information in this document may change over time. The Chronic Illness Benefit (CIB) and how you can access these benefits are subject to specific conditions and rules. We encourage you to stay familiar with these rules, which are available on our website at [www.discovery.co.za](http://www.discovery.co.za) under Medical Aid > About Discovery Health Medical Scheme.

Any advice we provide regarding your medication or condition management is designed to complement, not replace, the expertise of your doctor, pharmacist, or other healthcare professionals. To avoid a 20% co-payment, you may need to get your medication from a designated service provider (DSP). You can find DSPs on our website [www.discovery.co.za](http://www.discovery.co.za) under Medical Aid > Find a doctor or click on Find a provider in the Discovery Health app to find providers in our network.

Discovery Health Medical Scheme reserves the right to change these benefits. We will keep you informed of any updates to how we cover your medication. The latest version of this document is always available at [www.discovery.co.za](http://www.discovery.co.za) under Medical Aid > Find documents and certificates.

### Nominate a Primary Care GP for Chronic Condition Management

Coordinating your healthcare through a nominated primary care GP ensures better health outcomes, supported by extensive medical research. For all plans, except the Executive Plan, you and your dependants need to nominate a GP to help manage your chronic conditions.

When you visit your nominated network GP, your consultation will be fully covered up to the agreed rate. Visiting a non-nominated GP or your nominated GP is outside of the network will lead to a co-payment. You can easily update your nominated GP up to three times each year on our [website](http://www.discovery.co.za) or visit [www.discovery.co.za](http://www.discovery.co.za) > Medical aid > Nominate a primary care GP.

#### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



## About some of the terms we use in this document

There may be some terms we refer to in the document that you may not be familiar with. Here are the meanings of these terms.

TERMINOLOGY	DESCRIPTION
Active ingredient	This is the main substance in a medicine that is responsible for the clinical action on a human body.
Benefit year	A benefit year refers to the benefits a member is entitled to during a calendar year, that is to say 1 January to 31 December. This medicine list (formulary) and Chronic Drug Amounts are applicable for this benefit year only.
Chronic Disease List (CDL)	A defined list of chronic conditions we cover according to the Prescribed Minimum Benefits.
Chronic Drug Amount (CDA)	The Chronic Drug Amount (CDA) is the monthly amount that we pay for a medicine class, subject to a member's plan type. This applies to chronic medicine that is not listed on the medicine list (formulary).
Co-payment	This is an amount that you need to pay towards a healthcare service. The amount can vary by the type of covered healthcare service, place of service or if the amount the service provider charges is higher than the rate we cover.
Emergency medical condition	An emergency medical condition, also referred to as an emergency, is the sudden and, at the time unexpected onset of a health condition that requires immediate medical and surgical treatment. Failure to provide medical or surgical treatment would result in serious impairment to bodily functions or serious dysfunction of a bodily organ or part or would place the person's life in serious jeopardy. An emergency does not necessarily require a hospital admission. We may ask you for additional information to confirm the emergency.
Generic Reference Price	The Generic Reference Price (GRP) is the price per unit assigned to all NAPPI codes within the same generic group. It is based on the cost of the best-priced generics in that group. This applies to chronic medicine that is not listed on the medicine list (formulary).
Medicine class	This describes medicines that have similar chemical structures or similar therapeutic effects.
NAPPI Code	This is a unique identifier for a given medicine, surgical or consumable product.
Prescribed Minimum Benefits (PMBs)	In terms of the Medical Schemes Act of 1998 (Act No. 131 of 1998) and its Regulations, all medical schemes have to cover the costs related to the diagnosis, treatment and care of: <ul style="list-style-type: none"> <li>An emergency medical condition</li> <li>A defined list of 271 diagnoses</li> <li>A defined list of 27 chronic conditions.</li> </ul> To access Prescribed Minimum Benefits (PMBs), there are rules that apply: <ul style="list-style-type: none"> <li>Your medical condition must qualify for cover and be part of the defined list of Prescribed Minimum Benefit (PMB) conditions.</li> <li>The treatment needed must match the treatments in the defined benefits.</li> <li>You must use designated service providers (DSPs) in our network. This does not apply in emergencies. However, even in these cases, where appropriate and according to the rules of the Scheme, you may be transferred to a hospital or other service providers in our network, once your condition has stabilised. If you do not use a DSP we will pay up to 80% of the Discovery Health Rate (DHR). You will be responsible for the difference between what we pay and the actual cost of your treatment.</li> <li>If your treatment doesn't meet the above criteria, we will pay according to your plan benefits.</li> </ul>
Reference Price	<ul style="list-style-type: none"> <li>The Reference Price is the set monthly amount we pay for a medicine category. This applies for medicine that is not listed on the medicine list (formulary).</li> </ul>

### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



## The Chronic Disease List (CDL) medicine list (formulary) for all plan types

The CDL medicine list applies to all Discovery Health Medical Scheme plans for the 2025 benefit year. The Chronic Drug Amount (CDA) **does not apply** to the KeyCare and Smart plans.

CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Addison's disease	R250	R250	Systemic Corticosteroids: Hydrocortisone	Hydrocortisone	Covocort 10mg
	R170	R170	Systemic Corticosteroids: Mineralocorticoids	Fludrocortisone	Florinef acetate 0.1mg
Asthma	R205	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R45	R45	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg
					Ventimax CFC free 200 dose 100mcg
	R120	R175	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara 200mg; 300mg
	R240	R240	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg <b>(Only Executive and Comprehensive plans)</b>
	R240	R240	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 320/9mcg <b>(Only Executive and Comprehensive plans)</b>
					Symbicord turbohaler 60 dose 160/4.5mcg
					Symbicord turbohaler 120 dose 160/4.5mcg <b>(Only Executive and Comprehensive plans)</b>
					Vannair 120 dose 80/4.5mcg; 160/4.5mcg <b>(Only Executive and Comprehensive plans)</b>
	R240	R240	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R275	R275	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R190	R190	Inhaled Glucocorticoids	Beclomethasone	Beclate 200 dose 50mcg; 100mcg; 200mcg
					Beclomethasone Glenmark 200 dose 50mcg; 100mcg; 200mcg
Budesonide				Aeromide 300 dose 200mcg	
				Budeflam HFA 300 dose 100mcg; 200mcg	
R240	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Duoasma 120 dose 25/125; 25/250 <b>(Not available on KeyCare plans)</b>	
				Sereflo DPI 60 dose 50/100; 50/250; 50/500 <b>(Not available on KeyCare plans)</b>	
				Sereflo HFA 120 dose 25/50	

### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Asthma	R240	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Sereflo HFA 120 dose 25/125; 25/250 <b>(Not available on KeyCare plans)</b>
					Sereflo HFA synchrobreathe 120 dose 25/50
					Sereflo HFA synchrobreathe 120 dose 25/125; 25/250 <b>(Not available on KeyCare plans)</b>
					Spirodisc 60 dose 50/100; 50/250; 50/500 <b>(Not available on KeyCare plans)</b>
	R240	R240	Vilanterol and Fluticasone combinations	Vilanterol and Fluticasone furoate	Revinty ellipta 30 dose 92/22mcg; 184/22mcg <b>(Not available on KeyCare plans)</b>
	R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
Panafcort 5mg					
Trolic 5mg					
Bipolar mood disorder	R110	R130	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
					Citalopram 20 Oethmaan 20mg
					Depramil 20mg
					Tamomilt 20mg
				Escitalopram	Accord Escitalopram 10mg; 20mg
					Dolin 10mg; 20mg
					Emerdyne 10mg; 20mg
					Esetam 10mg; 20mg
					Zyescito 10mg; 20mg
				Fluoxetine	Fluoxetine 20 Oethmaan 20mg
					Zydus Fluoxetine 20mg
				Sertraline	Dyna Sertraline 50mg; 100mg
	Tralidep 50mg; 100mg				
	R290	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
					Partid 200mg
Tegretol CR 200mg; 400mg					
Zeptol 200mg					
R430	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg	
				Convulex syrup 250mg/5ml	

#### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Bipolar mood disorder	R430	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Epilim crushable 100mg
					Eprolep CR 200mg; 300mg; 500mg
					Navalpro CR 200mg; 300mg; 500mg
					Navalpro liquid 200mg/5ml
					Rubilim CR 200mg; 300mg; 500mg
					Valeptic CR 300mg; 500mg
	R325	R325	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
					Epitec 25mg; 50mg; 100mg; 200mg
					Lamitor 25mg; 50mg; 100mg; 200mg
					Lamorola 25mg; 50mg; 100mg; 200mg
					Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg
					Serinem 25mg; 50mg; 100mg; 200mg
	R160	R160	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg
	R615	R945	Anti-psychotics: Clozapine	Clozapine	Clozapine Oethmaan 25mg; 100mg
	R360	R360	Anti-psychotics: Indole derivatives	Ziprasidone	Zipsid 20mg; 40mg; 60mg; 80mg <b>(Not available on KeyCare plans)</b>
	R345	R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg
	R365	R365	Anti-psychotics: Olanzapine	Olanzapine	Alonza 5mg; 10mg
					Nezolap 5mg; 10mg
					Olandus 5mg; 10mg
					Olexar 5mg; 10mg
Zolanz 5mg; 10mg					
R400	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg	
R295	R295	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg	
				Dopaquel 25mg; 100mg; 200mg; 300mg	
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg	
				Qesara 25mg; 100mg; 200mg; 300mg	

#### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Bipolar mood disorder	R295	R295	Anti-psychotics: Quetiapine	Quetiapine	Quesara XR 150mg; 200mg; 300mg; 400mg <b>(Not available on KeyCare plans)</b>
					Quetz 25mg; 100mg; 200mg; 300mg
					Torquit 25mg; 100mg; 200mg; 300mg
					Zimbiquet 25mg; 100mg; 200mg; 300mg
	R560	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
					Fluanxol depot 1ml 20mg
				Zuclopenthixol	Clopixol 2mg; 10mg
					Clopixol depot 200mg
	R270	R270	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg
					Alebon 5mg; 10mg; 15mg
					Aprizon 5mg; 10mg; 15mg
					Arizofy 5mg; 10mg; 15mg
					Priptrin 10mg; 15mg
					Radzil 5mg; 10mg; 15mg
					Thryve 5mg; 10mg
	R360	R360	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg
					Rispacor 0.5mg; 1mg; 2mg; 3mg
					Rispide 0.5mg; 1mg; 2mg
					Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg
Zoxadon ODT 0.5mg; 1mg; 2mg					
Bronchiectasis	R45	R45	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg
					Ventimax CFC free 200 dose 100mcg
	R275	R275	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
					Panafcort 5mg
					Trolic 5mg
Cardiac failure	R80	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg
				Perindopril and diuretics	Ciplasyl Plus <b>(Not available on KeyCare plans)</b> 4/1.25mg

#### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Cardiac failure	R80	R90	ACE inhibitors and diuretics	Perindopril and diuretics	Pearinda Plus 4/1.25mg; 8/2.5mg <b>(Not available on KeyCare plans)</b>
					Perdotor Plus 4/1.25mg <b>(Not available on KeyCare plans)</b>
					Perindopril co Unicorn 4/1.25mg <b>(Not available on KeyCare plans)</b>
					Prexum Plus 5/1.25mg; 10/2.5mg <b>(Not available on KeyCare plans)</b>
					Trexeva Plus 5/1.25mg
					Vectoryl Plus 4/1.25mg <b>(Not available on KeyCare plans)</b>
	R170	R180	ACE inhibitors, other combinations	Perindopril and Bisoprolol	Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg <b>(Not available on KeyCare plans)</b>
	R65	R75	ACE inhibitors: Plain	Captopril	Mylan Captopril 25mg; 50mg
				Enalapril	Enalapril Arya 5mg; 10mg; 20mg
					Hypace 5mg
					Natrapress 10mg; 20mg
					Tenezil 10mg; 20mg
				Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
					Lizro 5mg; 10mg; 20mg
				Perindopril	Pearinda 4mg; 8mg <b>(Not available on KeyCare plans)</b>
					Perdotor 4mg; 8mg <b>(Not available on KeyCare plans)</b>
					Perindopril Unicorn 4mg; 8mg <b>(Not available on KeyCare plans)</b>
					Ran-Perindopril 4mg <b>(Not available on KeyCare plans)</b>
	Reprex 4mg; 8mg				
	R220	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
					Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
					Rubitrend 6.25mg; 12.5mg; 25mg
	R90	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Annin co 50/12.5mg; 100/25mg
Austell Losartan co 50/12.5mg					

**CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)**

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Cardiac failure	R90	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 50/12.5mg; 100/25mg
					Hylokat 50/12.5mg; 100/25mg
					Losaar Plus 50/12.5mg; 100/25mg
					Sartoc-co 50/12.5mg; 100/25mg
					Zartan co 50/12.5mg; 100/25mg
				Telmisartan and diuretics	Co-Telza 40/12.5mg; 80/12.5mg <b>(Not available on KeyCare plans)</b>
					Telpres Plus 40/12.5mg; 80/12.5mg <b>(Not available on KeyCare plans)</b>
					Tesar co 40/12.5mg; 80/12.5mg <b>(Not available on KeyCare plans)</b>
					Ticarda Plus 40/12.5mg; 80/12.5mg <b>(Not available on KeyCare plans)</b>
					Tremistan Plus 40/12.5mg; 80/12.5mg <b>(Not available on KeyCare plans)</b>
	Valsartan and diuretics	Niosar co 80/12.5mg; 160/12.5mg; 160/25mg <b>(Only Executive and Comprehensive plans)</b>			
		Regoval co 80/12.5mg; 160/12.5mg; 160/25mg <b>(Only Executive and Comprehensive plans)</b>			
	R75	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg <b>(Not available on KeyCare plans)</b>
					Trobet 150mg; 300mg <b>(Not available on KeyCare plans)</b>
				Losartan	Annin 50mg; 100mg
					Austell Losartan 50mg; 100mg
					Losartan Accord 50mg; 100mg <b>(Not available on KeyCare plans)</b>
Losartan Macleods 50mg; 100mg <b>(Not available on KeyCare plans)</b>					
Normoten 50mg; 100mg <b>(Not available on KeyCare plans)</b>					
Zaario 50mg; 100mg <b>(Not available on KeyCare plans)</b>					
Zartan 50mg; 100mg <b>(Not available on KeyCare plans)</b>					

#### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Cardiac failure	R75	R110	Angiotensin II antagonists: Plain	Telmisartan	Telpres 40mg; 80mg <b>(Not available on KeyCare plans)</b>
					Tesminol 40mg; 80mg <b>(Not available on KeyCare plans)</b>
					Ticarda 40mg; 80mg <b>(Not available on KeyCare plans)</b>
				Valsartan	Adco-Valsartan 80mg; 160mg <b>(Not available on KeyCare plans)</b>
					Niosar 80mg; 160mg <b>(Not available on KeyCare plans)</b>
	R120	R120	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
					Hyperphen 10mg; 50mg
	R60	R70	Beta blocking agents: Selective	Bisoprolol	Adco-Bisacor 5mg; 10mg
					Biloblok 5mg; 10mg
					Bilocor 5mg; 10mg
					Bislo 5mg; 10mg
					Bisoprolol Unicorn 5mg; 10mg
					Emcor 5mg; 10mg
	R35	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
					Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R20	R40	High-ceiling diuretics	Furosemide	Defulide 40mg
					Furobe 40mg
R15	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Gulf Hydrochlorothiazide 25mg	
				Hexazide 25mg	
				Ridaq 12.5mg	
R25	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg	
				Cipla-Indapamide 2.5mg	
				Daptril 2.5mg	
				Mylan Indapamide 2.5mg	
R120	R120	Potassium sparing agents	Spironolactone	Aldactone 25mg	
				Spiractin 25mg	

#### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Cardiac failure	R120	R120	Potassium sparing agents	Spironolactone	Spironolactone 25mg Accord 25mg	
					Spironolactone 25 Kiara 25mg	
	R130	R130	Potassium supplements	Potassium chloride	Plenish-K SR 600mg	
					Ultipot 600mg	
	R250	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg	
					Isosorbide mononitrate	Ismo 20mg
Monicor SR 60mg						
Cardiomyopathy	R80	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg	
					Perindopril and diuretics	Ciplasyl Plus 4/1.25mg <b>(Not available on KeyCare plans)</b>
					Pearinda Plus 4/1.25mg; 8/2.5mg <b>(Not available on KeyCare plans)</b>	
					Perdotor Plus 4/1.25mg <b>(Not available on KeyCare plans)</b>	
					Perindopril co Unicorn 4/1.25mg <b>(Not available on KeyCare plans)</b>	
					Prexum Plus 5/1.25mg; 10/2.5mg <b>(Not available on KeyCare plans)</b>	
					Trexeva Plus 5/1.25mg	
	R170	R180	ACE inhibitors, other combinations	Perindopril and Bisoprolol	Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg <b>(Not available on KeyCare plans)</b>	
					R65	R75
	Enalapril	Enalapril Arya 5mg; 10mg; 20mg				
		Hypace 5mg				
		Natrapress 10mg; 20mg				
		Tenezil 10mg; 20mg				
Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg					
	Lizro 5mg; 10mg; 20mg					
Perindopril	Pearinda 4mg; 8mg <b>(Not available on KeyCare plans)</b>					

#### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Cardiomyopathy	R65	R75	ACE inhibitors: Plain	Perindopril	Perdotor 4mg; 8mg <b>(Not available on KeyCare plans)</b>
					Perindopril Unicorn 4mg; 8mg <b>(Not available on KeyCare plans)</b>
					Ran-Perindopril 4mg <b>(Not available on KeyCare plans)</b>
					Reprex 4mg; 8mg
	R220	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
					Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
					Rubitrend 6.25mg; 12.5mg; 25mg
	R90	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Annin co 50/12.5mg; 100/25mg
					Austell Losartan co 50/12.5mg
					Co-Normoten 50/12.5mg; 100/25mg
					Hylokat 50/12.5mg; 100/25mg
					Losaar Plus 50/12.5mg; 100/25mg
					Sartoc-co 50/12.5mg; 100/25mg
				Zartan co 50/12.5mg; 100/25mg	
				Telmisartan and diuretics	Co-Telza 40/12.5mg; 80/12.5mg <b>(Not available on KeyCare plans)</b>
					Telpres Plus 40/12.5mg; 80/12.5mg <b>(Not available on KeyCare plans)</b>
Tesar co 40/12.5mg; 80/12.5mg <b>(Not available on KeyCare plans)</b>					
Ticarda Plus 40/12.5mg; 80/12.5mg <b>(Not available on KeyCare plans)</b>					
Valsartan and diuretics	Niosar co 80/12.5mg; 160/12.5mg; 160/25mg <b>(Only Executive and Comprehensive plans)</b>				
	Regoval co 80/12.5mg; 160/12.5mg; 160/25mg <b>(Only Executive and Comprehensive plans)</b>				
R75	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg <b>(Not available on KeyCare plans)</b>	
				Trobet 150mg; 300mg <b>(Not available on KeyCare plans)</b>	

#### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH			
Cardiomyopathy	R75	R110	Angiotensin II antagonists: Plain	Losartan	Annin 50mg; 100mg			
					Austell Losartan 50mg; 100mg			
					Losartan Accord (Not available on KeyCare plans) 50mg; 100mg			
					Losartan Macleods (Not available on KeyCare plans) 50mg; 100mg			
					Normoten (Not available on KeyCare plans) 50mg; 100mg			
					Zaario (Not available on KeyCare plans) 50mg; 100mg			
					Zartan (Not available on KeyCare plans) 50mg; 100mg			
				Telmisartan	Telpres (Not available on KeyCare plans) 40mg; 80mg			
					Tesminol (Not available on KeyCare plans) 40mg; 80mg			
					Ticarda (Not available on KeyCare plans) 40mg; 80mg			
				Valsartan	Adco-Valsartan (Not available on KeyCare plans) 80mg; 160mg			
					Niosar (Not available on KeyCare plans) 80mg; 160mg			
				R85	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
								Segavin 5mg
Warfarin 5mg Austell 5mg								
Warfarin 5 Unicorn 5mg								
R120	R120	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg				
				Hyperphen 10mg; 50mg				
R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin 100mg				
				Myoprin (Not available on KeyCare plans) 100mg				
				Trinprin 100mg				
R60	R70	Beta blocking agents: Selective	Bisoprolol	Adco-Bisacor 5mg; 10mg				
				Biloblok 5mg; 10mg				

#### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Cardiomyopathy	R60	R70	Beta blocking agents: Selective	Bisoprolol	Bilocor	5mg; 10mg
					Bislo	5mg; 10mg
					Bisoprolol Unicorn	5mg; 10mg
					Emcor	5mg; 10mg
					Presicard	5mg; 10mg
	R35	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin	0.0625mg; 0.25mg
					Lanoxin paediatric/geriatric syrup	0.05mg/1ml
	R20	R40	High-ceiling diuretics	Furosemide	Defulide	40mg
					Furobe	40mg
	R15	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Gulf Hydrochlorothiazide	25mg
					Hexazide	25mg
					Ridaq	12.5mg
	R25	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax	2.5mg
					Cipla-Indapamide	2.5mg
					Dapril	2.5mg
					Mylan Indapamide	2.5mg
	R120	R120	Potassium sparing agents	Spironolactone	Aldactone	25mg
					Spiractin	25mg
					Spironolactone 25mg Accord	25mg
					Spironolactone 25 Kiara	25mg
	R130	R130	Potassium supplements	Potassium chloride	Plenish-K SR	600mg
Ultipot					600mg	
R250	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara	5mg; 10mg	
				Isosorbide mononitrate	Ismo	20mg
					Monicor SR	60mg
Chronic obstructive pulmonary disease (COPD)	R45	R45	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose	100mcg
					Ventimax CFC free 200 dose	100mcg
	R120	R175	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara	200mg; 300mg
R275	R275	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose	20mcg	

#### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Chronic obstructive pulmonary disease (COPD)	R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
					Panafcort 5mg	
					Trolic 5mg	
Chronic renal disease	R80	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg	
					Perindopril and diuretics	Ciplasyl Plus 4/1.25mg <b>(Not available on KeyCare plans)</b>
					Pearinda Plus 4/1.25mg; 8/2.5mg <b>(Not available on KeyCare plans)</b>	
					Perdotor Plus 4/1.25mg <b>(Not available on KeyCare plans)</b>	
					Perindopril co Unicorn 4/1.25mg <b>(Not available on KeyCare plans)</b>	
					Prexum Plus 5/1.25mg; 10/2.5mg <b>(Not available on KeyCare plans)</b>	
					Trexeva Plus 5/1.25mg	
					Vectoryl Plus 4/1.25mg <b>(Not available on KeyCare plans)</b>	
	R170	R180	ACE inhibitors, other combinations	Perindopril and Bisoprolol	Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg <b>(Not available on KeyCare plans)</b>	
	R65	R75	ACE inhibitors: Plain	Captopril	Mylan Captopril 25mg; 50mg	
					Enalapril	Enalapril Arya 5mg; 10mg; 20mg
				Hypace 5mg		
				Natrapress 10mg; 20mg		
				Tenezil 10mg; 20mg		
				Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg	
Lizro 5mg; 10mg; 20mg						
Perindopril				Pearinda 4mg; 8mg <b>(Not available on KeyCare plans)</b>		
				Perdotor 4mg; 8mg <b>(Not available on KeyCare plans)</b>		
				Perindopril Unicorn 4mg; 8mg <b>(Not available on KeyCare plans)</b>		
				Ran-Perindopril 4mg <b>(Not available on KeyCare plans)</b>		

#### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Chronic renal disease	R65	R75	ACE inhibitors: Plain	Perindopril	Reprex 4mg; 8mg
	R90	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Annin co 50/12.5mg; 100/25mg
					Austell Losartan co 50/12.5mg
					Co-Normoten 50/12.5mg; 100/25mg
					Hylokat 50/12.5mg; 100/25mg
					Losaar Plus 50/12.5mg; 100/25mg
					Sartoc-co 50/12.5mg; 100/25mg
					Zartan co 50/12.5mg; 100/25mg
				Telmisartan and diuretics	Co-Telza 40/12.5mg; 80/12.5mg <b>(Not available on KeyCare plans)</b>
					Telpres Plus 40/12.5mg; 80/12.5mg <b>(Not available on KeyCare plans)</b>
					Tesar co 40/12.5mg; 80/12.5mg <b>(Not available on KeyCare plans)</b>
					Ticarda Plus 40/12.5mg; 80/12.5mg <b>(Not available on KeyCare plans)</b>
					Tremistan Plus 40/12.5mg; 80/12.5mg <b>(Not available on KeyCare plans)</b>
				Valsartan and diuretics	Niosar co 80/12.5mg; 160/12.5mg; 160/25mg <b>(Only Executive and Comprehensive plans)</b>
	Regoval co 80/12.5mg; 160/12.5mg; 160/25mg <b>(Only Executive and Comprehensive plans)</b>				
	R75	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg <b>(Not available on KeyCare plans)</b>
					Trobet 150mg; 300mg <b>(Not available on KeyCare plans)</b>
				Losartan	Annin 50mg; 100mg
					Austell Losartan 50mg; 100mg
					Losartan Accord 50mg; 100mg <b>(Not available on KeyCare plans)</b>
Losartan Macleods 50mg; 100mg <b>(Not available on KeyCare plans)</b>					
Normoten 50mg; 100mg <b>(Not available on KeyCare plans)</b>					

#### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Chronic renal disease	R75	R110	Angiotensin II antagonists: Plain	Losartan	Zaario 50mg; 100mg <b>(Not available on KeyCare plans)</b>
					Zartan 50mg; 100mg <b>(Not available on KeyCare plans)</b>
				Telmisartan	Telpres 40mg; 80mg <b>(Not available on KeyCare plans)</b>
					Tesminol 40mg; 80mg <b>(Not available on KeyCare plans)</b>
					Ticarda 40mg; 80mg <b>(Not available on KeyCare plans)</b>
				Valsartan	Adco-Valsartan 80mg; 160mg <b>(Not available on KeyCare plans)</b>
					Niosar 80mg; 160mg <b>(Not available on KeyCare plans)</b>
				R60	R70
	Biloblok 5mg; 10mg				
	Bilocor 5mg; 10mg				
	Bislo 5mg; 10mg				
	Bisoprolol Unicorn 5mg; 10mg				
	Emcor 5mg; 10mg				
	Presicard 5mg; 10mg				
R300	R300	Calcium supplements	Calcium carbonate	B-cal	
R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
				Gulf Folic acid 5mg	
R50	R50	Iron bivalent, oral preparations	Ferrous Sulfate	Ferrous Sulphate 75mg	
R535	R535	Iron, parenteral preparations	Iron, parenteral preparations	Cosmofer ampoule 2ml 50mg/1ml	
				Equifer ampoule 5ml 100mg/5ml	
				Fortihem ampoule 5ml 20mg/1ml	
				Innofer ampoule 5ml 100mg/5ml	
				Rautevene ampoule 5ml 100mg/5ml <b>(Not available on KeyCare plans)</b>	
R3 340	R3 340	Other anti-anaemic preparations	Darbeпоetin Alfa	Aranesp pre-filled syringe 0.4ml 10mcg/0.4ml	
				Aranesp pre-filled syringe 0.5ml 20mcg/0.5ml	

#### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Chronic renal disease	R3 340	R3 340	Other anti-anaemic preparations	Darbeпоetin Alfa	Aranesp pre-filled syringe 0.3ml	30mcg/0.3ml
					Aranesp pre-filled syringe 0.4ml	40mcg/0.4ml
					Aranesp pre-filled syringe 0.5ml	50mcg/0.5ml
					Aranesp pre-filled syringe 0.3ml	60mcg/0.3ml
				Erythropoietin	Eprex pre-fill	2000U/0.5ml
					Eprex pre-fill	4000U/0.4ml
				Methoxy polyethylene glycol-epoetin beta	Mircera pre-filled syringe 0.3ml	50mcg/0.3ml
					Mircera pre-filled syringe 0.3ml	75mcg/0.3ml
					Mircera pre-filled syringe 0.3ml	100mcg/0.3ml
					Mircera pre-filled syringe 0.3ml	120mcg/0.3ml
					Mircera pre-filled syringe 0.3ml	150mcg/0.3ml
					Mircera pre-filled syringe 0.3ml	200mcg/0.3ml
				Roxadustat	Evrenzo	20mg; 50mg; 70mg; 100mg; 150mg
					R365	R365
Coronary artery disease	R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin	100mg
					Myoprin	100mg
					Trinprin	100mg
	R140	R140	Beta blocking agents: Non-selective	Propranolol	Indoblok	40mg
	R60	R70	Beta blocking agents: Selective	Atenolol	Atenolol Arya	50mg; 100mg
					B-Block	50mg; 100mg
					Gulf Atenolol	50mg; 100mg
					Tenopress	50mg; 100mg
				Bisoprolol	Adco-Bisocor	5mg; 10mg
	Biloblok	5mg; 10mg				

#### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH		
Coronary artery disease	R60	R70	Beta blocking agents: Selective	Bisoprolol	Bilocor	5mg; 10mg	
					Bislo	5mg; 10mg	
					Bisoprolol Unicorn	5mg; 10mg	
					Emcor	5mg; 10mg	
					Presicard	5mg; 10mg	
	R245	R245	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR	180mg; 240mg	
					Verapamil	Verahexal 240 SR	240mg
						Verapamil 40 Oethmaan	40mg
	R80	R80	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc	5mg; 10mg	
					Amlodac	5mg; 10mg	
					Amlodipine Unicorn	5mg; 10mg	
					Amtas	5mg; 10mg	
					Aprate	5mg; 10mg	
					Austell-Amlodipine	5mg; 10mg	
					Ciplavasc	5mg; 10mg	
					Gulf Amlodipine	5mg; 10mg	
					Pendine	5mg; 10mg	
					Vasloc	5mg; 10mg	
				Felodipine	Felodipine Kiara	5mg; 10mg <b>(Only Executive and Comprehensive plans)</b>	
				Nifedipine	Adalat XL	30mg <b>(Not available on KeyCare plans)</b>	
Cipalat Retard					20mg		
Cipalat XR					30mg, 60mg <b>(Not available on KeyCare plans)</b>		
Fedaloc SR					30mg, 60mg <b>(Not available on KeyCare plans)</b>		
Fidocare XL	30mg, 60mg <b>(Not available on KeyCare plans)</b>						
Gitsalat	30mg <b>(Not available on KeyCare plans)</b>						

#### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Coronary artery disease	R250	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg
				Isosorbide mononitrate	Ismo 20mg
					Monicor SR 60mg
Crohn's disease	R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
					Gulf Folic acid 5mg
	R880	R880	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg
					Asacol suppository <b>(Not available on KeyCare plans)</b> 500mg
					Mezavant <b>(Not available on KeyCare plans)</b> 1200mg
					Pentasa 500mg
					Pentasa suppository <b>(Not available on KeyCare plans)</b> 1000mg
					Salofalk <b>(Not available on KeyCare plans)</b> 1500mg
					Sulfasalazine
	Salazopyrin EN 500mg				
	R1 940	R2 220	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Entocord enema 0.02mg/1ml <b>(Only Executive and Comprehensive plans)</b>
	R440	R440	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
					Azathioprine PCH 50mg
R110	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
				Methotrexate 2.5mg	
R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
				Trolic 5mg	
Diabetes insipidus	R1 500	R1 750	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavn nasal spray 5ml 0.1mg/1ml
					Minirin melt 60mcg; 120mcg; 240mcg
Diabetes mellitus Type 1	<b>***Please note that an overall monthly limit applies to Insulins across the different Insulin classes***</b> <b>The overall monthly limit for KeyCare, Smart, Priority, Core and Saver plans is R700.</b> <b>The overall monthly limit for Executive and Comprehensive plans is R720.</b>				

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Diabetes mellitus Type 1	R395	R400	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Fiasp - penfill 3ml <b>(Not available on KeyCare plans)</b>	
					Novorapid - penfill 3ml <b>(Not available on KeyCare plans)</b>	
				Insulin Glulisine	Apidra - cartridge 3ml	
	R700	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Degludec and Insulin Aspart	Ryzodeg - penfill 3ml <b>(Only Executive and Comprehensive plans)</b>	
					Insulin Lispro	Humalog mix 25 - cartridge 3ml
					Humalog mix 50 - cartridge 3ml	
	R440	R440	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - pre-filled cartridge 3ml	
				Insulin Glargine	Optisulin - cartridge 3ml	
	R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin	100mg
					Myoprin <b>(Not available on KeyCare plans)</b>	100mg
					Trinprin	100mg
	R200	R200	Blood glucose monitoring agents	Glucose strips	Accu check test strip glucose active <b>(Not available on KeyCare plans)</b>	
					Accu check test strip glucose instant <b>(Not available on KeyCare plans)</b>	
					Contour plus blood glucose test strips <b>(Not available on KeyCare plans)</b>	
					Contour ts blood glucose test strips <b>(Not available on KeyCare plans)</b>	
Glucocheck evolve test strip						
Glucocheck key test strip						
On call plus blood glucose strips						
On call sure blood glucose test strips						
Onetouch select plus test strips						
Test strip blood glucose clicks bionime gs550						
Test strip freestyle optium glucose <b>(Not available on KeyCare plans)</b>						
Test strip glucocheck connect <b>(Only Executive and Comprehensive plans)</b>						
Test strip glucose blood fora 6 <b>(Not available on KeyCare plans)</b>						

**CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)**

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Diabetes mellitus Type 1	R200	R200	Blood glucose monitoring agents	Glucose strips	Test strip glucose caresens n 29g
					Test strip glucose fora diamond blood
					Test strip glucose vivachek ino
	R350	R350	Surgical item	Lancets	Lancet blood collection needle loris
					Lancet fora collection needle sterile 30g
					Lancet fora tender needle sterile 33g
					Lancet freestyle test
					Lancet glucocheck novicheck
					Lancet solus v2
					Lancet unilet sterile 28g
					Lancet unilet sterile 4cm x 6cm x 7.5cm 28g
					Microlet lancet
				Needles	BD micro fine plus pen needle 30g 8mm
					BD micro fine plus pen needle 31g
					BD micro fine plus pen needle 32g 4mm
					Droplet pen needle 8mm 31g
					Needle insulin fora pen 31g 5mm
					Needle insulin fora pen 31g 8mm
					Needle insulin fora pen 32g 4mm
					Needle insulin fora pen 32g 6mm
Needle insulin pen verifine 4mmx10cmx15cm 32g					
Needle insulin pen verifine 4mmx10cmx15cm 33g					
Needle novofine					
Syringes	Syringe insulin 1.0ml with 27g needle				
	Syringe insulin bd microfine 12.7mm 1ml 9g				
	Syringe insulin bd microfine 1ml 8mm 30g				
	Syringe insulin bd microfine 8mm demi 0.3ml 30g				
Diabetes mellitus Type 2	R50	R50	Anti-diabetic agents: Biguanides	Metformin	Accord Metformin 500mg; 850mg
					Apex-Metformin 500mg
					Bigsens 500mg; 850mg; 1000mg

**CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)**

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Diabetes mellitus Type 2	R50	R50	Anti-diabetic agents: Biguanides	Metformin	Carbuce 500mg; 850mg; 1000mg
					Diaphage 500mg; 850mg; 1000mg
					Gluconorm 500mg; 850mg
					Mylan Metformin 500mg; 850mg; 1000mg
					Romidab 500mg; 850mg; 1000mg
<p><b>***Please note that an overall monthly limit applies to Insulins across the different Insulin classes***</b>  <b>The overall monthly limit for KeyCare, Smart, Priority, Core and Saver plans is R700.</b>  <b>The overall monthly limit for Executive and Comprehensive plans is R720.</b></p>					
R395	R400	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Fiasp - penfill 3ml <b>(Only Executive and Comprehensive plans)</b>	
				Novorapid - penfill 3ml <b>(Not available on KeyCare plans)</b>	
			Insulin Glulisine	Apidra - cartridge 3ml	
R700	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Degludec and Insulin Aspart	Ryzodeg - penfill 3ml <b>(Only Executive and Comprehensive plans)</b>	
			Insulin Lispro	Humalog mix 25 - cartridge 3ml Humalog mix 50 - cartridge 3ml	
R440	R440	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - pre-filled cartridge 3ml	
			Insulin Glargine	Optisulin - cartridge 3ml	
R125	R125	Anti-diabetic agents: Sulfonamides, urea derivatives	Gliclazide	Diaran MR 60mg	
				Dynacaz MR 30mg; 60mg; 90mg	
				Gliclazide MR Austell 60mg	
				Gliclazide Unicorn MR 30mg	
				Gluctam MR 60mg	
				Glyzid MR 30mg; 60mg	
R200	R215	Anti-diabetic agents: Thiazolidinediones	Pioglitazone	Cipla-Pioglitazone 15mg; 30mg Pioglitazone hydrochloride Macleods 15mg; 30mg	
R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin 100mg	
				Myoprin <b>(Not available on KeyCare plans)</b> 100mg	
				Trinprin 100mg	

**CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)**

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Diabetes mellitus Type 2	R200	R200	Blood glucose monitoring agents	Glucose strips	Accu check test strip glucose active <b>(Not available on KeyCare plans)</b>
					Accu check test strip glucose instant <b>(Not available on KeyCare plans)</b>
					Contour plus blood glucose test strips <b>(Not available on KeyCare plans)</b>
					Contour ts blood glucose test strips <b>(Not available on KeyCare plans)</b>
					Glucocheck evolve test strip
					Glucocheck key test strip
					On call plus blood glucose strips
					On call sure blood glucose test strips
					Onetouch select plus test strips
					Test strip blood glucose clicks bionime gs550
					Test strip freestyle optium glucose <b>(Not available on KeyCare plans)</b>
					Test strip glucocheck connect <b>(Only Executive and Comprehensive plans)</b>
					Test strip glucose blood fora 6 <b>(Not available on KeyCare plans)</b>
					Test strip glucose caresens n 29g
	Test strip glucose fora diamond blood				
	Test strip glucose vivachek ino				
	R350	R350	Surgical item	Lancets	Lancet blood collection needle loris
					Lancet fora collection needle sterile 30g
					Lancet fora tender needle sterile 33g
					Lancet freestyle test
Lancet glucocheck novicheck					
Lancet solus v2					
Lancet unilet sterile 28g					
Lancet unilet sterile 4cm x 6cm x 7.5cm 28g					
Microlet lancet					
Needles				BD micro fine plus pen needle 30g 8mm	

**CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)**

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Diabetes mellitus Type 2	R350	R350	Surgical item	Needles	BD micro fine plus pen needle 31g
					BD micro fine plus pen needle 32g 4mm
					Droplet pen needle 8mm 31g
					Needle insulin fora pen 31g 5mm
					Needle insulin fora pen 31g 8mm
					Needle insulin fora pen 32g 4mm
					Needle insulin fora pen 32g 6mm
					Needle insulin pen verifine 4mmx10cmx15cm 32g
					Needle insulin pen verifine 4mmx10cmx15cm 33g
					Needle novofine
				Syringes	Syringe insulin 1.0ml with 27g needle
					Syringe insulin bd microfine 12.7mm 1ml 9g
					Syringe insulin bd microfine 1ml 8mm 30g
Syringe insulin bd microfine 8mm demi 0.3ml 30g					
Dysrhythmia	R640	R700	Anti-arrhythmics: class Ic	Flecainide	Tambocor 100mg <b>(Not available on KeyCare plans)</b>
					Tambocor CR 100mg; 200mg <b>(Not available on KeyCare plans)</b>
	R380	R380	Anti-arrhythmics: class III - Amiodarone	Amiodarone	Hexarone 100mg; 200mg
	R85	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
					Segavin 5mg
					Warfarin 5mg Austell 5mg
					Warfarin 5 Unicorn 5mg
	R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin 100mg
					Myoprin 100mg <b>(Not available on KeyCare plans)</b>
					Trinprin 100mg
	R140	R140	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
				Sotalol	Sotahexal 80mg; 160mg
	R60	R70	Beta blocking agents: Selective	Atenolol	Atenolol Arya 50mg; 100mg

#### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Dysrhythmia	R60	R70	Beta blocking agents: Selective	Atenolol	B-Block 50mg; 100mg
					Gulf Atenolol 50mg; 100mg
					Tenopress 50mg; 100mg
				Bisoprolol	Adco-Bisocor 5mg; 10mg
					Biloblok 5mg; 10mg
					Bilocor 5mg; 10mg
					Bislo 5mg; 10mg
					Bisoprolol Unicorn 5mg; 10mg
					Emcor 5mg; 10mg
					Presicard 5mg; 10mg
R35	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg	
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml	
R245	R245	Selective calcium channel blockers with direct cardiac effects	Verapamil	Verahexal 240 SR 240mg	
				Verapamil 40 Oethmaan 40mg	
Epilepsy	R30	R30	Anti-epileptics: Barbiturates and derivatives	Phenobarbital	Sedabarb 30mg
	R300	R300	Anti-epileptics: Benzodiazepine derivatives	Clonazepam	Clonam 0.5mg; 2mg
	R290	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
					Partid 200mg
					Tegretol CR 200mg; 400mg
					Zeptol 200mg
	R430	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
					Convulex syrup 250mg/5ml
					Epilim crushable 100mg
					Eprolep CR 200mg; 300mg; 500mg
Navalpro CR 200mg; 300mg; 500mg					
Navalpro liquid 200mg/5ml					
Rubilim CR 200mg; 300mg; 500mg					

#### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Epilepsy	R430	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Valeptic CR 300mg; 500mg
	R130	R130	Anti-epileptics: Hydantoin derivatives	Phenytoin	Phenytoin sod 100mg
	R325	R325	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
					Epitec 25mg; 50mg; 100mg; 200mg
					Lamitor 25mg; 50mg; 100mg; 200mg
					Lamorola 25mg; 50mg; 100mg; 200mg
					Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg
					Serinem 25mg; 50mg; 100mg; 200mg
				Levetiracetam	Dyna Levetiracetam 250mg; 500mg; 750mg
					Epikepp 250mg; 500mg; 750mg
					Levetiracetam Unicorn 250mg; 750mg
					Redilev 250mg; 500mg; 750mg
	Topiramate	Epimate 25mg; 50mg; 100mg			
Epitoz 25mg; 50mg; 100mg					
Toplep 50mg; 100mg; 200mg					
R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
				Gulf Folic acid 5mg	
Glaucoma	R225	R235	Anti-glaucoma agents: Carbonic anhydrase inhibitors	Brinzolamide, combinations	Simbrinza 5ml
				Dorzolamide	Glaucompress 5ml 2%
					Trusopt 5ml owi 2% <b>(Only Executive and Comprehensive plans)</b>
	R260	R275	Anti-glaucoma agents: Prostaglandin analogues	Bimatoprost	Lumigan 2.5ml 0.01% <b>(Only Executive and Comprehensive plans)</b>
	R260	R260	Anti-glaucoma agents: Prostaglandin analogues	Latanoprost	Atana 2.5ml 50mcg/1ml
	R455	R495	Anti-glaucoma agents: Prostaglandin analogues	Latanoprostene Bunod	Vyzulta 5ml 0.24mg/1ml <b>(Only Executive and Comprehensive plans)</b>
	R260	R300	Anti-glaucoma agents: Prostaglandin analogues	Tafluprost	Saftutan single dose container 0.3ml 15mcg/1ml <b>(Only Executive and Comprehensive plans)</b>

#### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Glaucoma	R260	R275	Anti-glaucoma agents: Prostaglandin analogues	Travoprost	Travatan 2.5ml 0.004% <b>(Only Executive and Comprehensive plans)</b>
	R240	R240	Anti-glaucoma agents: Sympathomimetics	Brimonidine	Agobrim 5ml 0.2%
					Alphagan purite 5ml 1.5mg/1ml
	R120	R120	Anti-glaucoma Beta blocking agents: Timolol	Timolol	Timolol 0.5% w/v fdc 5ml 0.5%
					Timoptol 5ml 0.5%
					Timoptol-xe 2.5ml 0.5%
	R250	R270	Anti-glaucoma Beta blocking agents: Timolol, combinations	Timolol, combinations	Aglatan 2.5ml
					Azarga 5ml
					Brimoct co 5ml 2mg/5mg
					Co-Atana 2.5ml
					Combigan 5ml 2mg/5mg
					Duotrav 2.5ml
					Ganfort 3ml
					Glauaide-co 5ml <b>(Not available on KeyCare plans)</b>
					Glauopt co 5ml <b>(Only Executive and Comprehensive plans)</b>
Glauptico 3ml					
Ocudor co 5ml					
Optitrin					
Timpromat 3ml					
Haemophilia	R5	R5	Analgesics: Paracetamol	Paracetamol	Adco-Napamol bucket 500mg
					Adco-Prolief 500mg
	R440	R440	Anti-fibrinolytics: Amino acids	Tranexamic acid	Emkapron 500mg
					Fibtin 500mg
	R50 000	R50 000	Blood coagulation factors	Coagulation factor VIII	Haemosolvate VIII 300U; 500U; 1000U
					Octanate vial 5ml 250U
Coagulation factor IX				Octanate vial 10ml 500U; 1000U	
				Haemosolvex IX 500U	
Octanine F vial 30ml 500U; 1000U					

#### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.





CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Hypertension	R80	R90	ACE inhibitors and diuretics	Perindopril and diuretics	Prexum Plus 5/1.25mg; 10/2.5mg <b>(Not available on KeyCare plans)</b>
					Trexeva Plus 5/1.25mg
					Vectoryl Plus 4/1.25mg <b>(Not available on KeyCare plans)</b>
	R170	R180	ACE inhibitors, other combinations	Perindopril, Amlodipine and Indapamide	Triplixam 5/1.25/5mg; 5/1.25/10mg; 10/2.5/5mg; 10/2.5/10mg <b>(Not available on KeyCare plans)</b>
					Perindopril and Bisoprolol Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg <b>(Not available on KeyCare plans)</b>
	R65	R75	ACE inhibitors: Plain	Captopril	Mylan Captopril 25mg; 50mg
				Enalapril	Enalapril Arya 5mg; 10mg; 20mg
					Hypace 5mg
					Natrapress 10mg; 20mg
					Tenezil 10mg; 20mg
				Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
					Lizro 5mg; 10mg; 20mg
				Perindopril	Pearinda 4mg; 8mg <b>(Not available on KeyCare plans)</b>
					Perdotor 4mg; 8mg <b>(Not available on KeyCare plans)</b>
					Perindopril Unicorn 4mg; 8mg <b>(Not available on KeyCare plans)</b>
	Ran-Perindopril 4mg <b>(Not available on KeyCare plans)</b>				
	Reprex 4mg; 8mg				
	R220	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
					Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
					Rubitrend 6.25mg; 12.5mg; 25mg
R155	R190	Angiotensin II antagonists and calcium channel blockers	Telmisartan and Amlodipine	Mizart Plus 40/5mg; 40/10mg; 80/5mg; 80/10mg <b>(Not available on KeyCare plans)</b>	
				Tesamolot 40/5mg; 40/10mg; 80/5mg; 80/10mg <b>(Not available on KeyCare plans)</b>	
				Tesdyn 40/5mg; 40/10mg; 80/5mg; 80/10mg <b>(Not available on KeyCare plans)</b>	

#### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Hypertension	R155	R190	Angiotensin II antagonists and calcium channel blockers	Valsartan and Amlodipine	Arlozyb 5/160mg; 10/160mg <b>(Not available on KeyCare plans)</b>
					Calsar 5/80mg; 5/160mg; 10/160mg <b>(Not available on KeyCare plans)</b>
					Dafiro 5/160mg; 10/160mg <b>(Not available on KeyCare plans)</b>
					Forgevasc 5/160mg; 10/160mg <b>(Not available on KeyCare plans)</b>
					Gemvalaz 5/160mg; 10/160mg <b>(Not available on KeyCare plans)</b>
					Tensoforj 5/160mg; 10/160mg <b>(Not available on KeyCare plans)</b>
					Valduo 5/160mg; 10/160mg <b>(Not available on KeyCare plans)</b>
					Valvasc 5/160mg; 10/160mg <b>(Not available on KeyCare plans)</b>
	Zyvasc 5/160mg; 10/160mg <b>(Not available on KeyCare plans)</b>				
	R90	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Annin co 50/12.5mg; 100/25mg
					Austell Losartan co 50/12.5mg
					Co-Normoten 50/12.5mg; 100/25mg
					Hylokat 50/12.5mg; 100/25mg
					Losaar Plus 50/12.5mg; 100/25mg
					Sartoc-co 50/12.5mg; 100/25mg
Zartan co 50/12.5mg; 100/25mg					
Telmisartan and diuretics	Co-Telza 40/12.5mg; 80/12.5mg <b>(Not available on KeyCare plans)</b>				
	Telpres Plus 40/12.5mg; 80/12.5mg <b>(Not available on KeyCare plans)</b>				
	Tesar co 40/12.5mg; 80/12.5mg <b>(Not available on KeyCare plans)</b>				
	Ticarda Plus 40/12.5mg; 80/12.5mg <b>(Not available on KeyCare plans)</b>				
	Tremistan Plus 40/12.5mg; 80/12.5mg <b>(Not available on KeyCare plans)</b>				
Valsartan and diuretics	Niosar co 80/12.5mg; 160/12.5mg; 160/25mg <b>(Only Executive and Comprehensive plans)</b>				

#### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Hypertension	R90	R100	Angiotensin II antagonists: Combinations	Valsartan and diuretics	Regoval co 80/12.5mg; 160/12.5mg; 160/25mg <b>(Only Executive and Comprehensive plans)</b>
					Valheft Co 160/12.5mg; 160/25mg <b>(Only Executive and Comprehensive plans)</b>
	R170	R205	Angiotensin II antagonists, other combinations	Valsartan, Amlodipine and Hydrochlorothiazide	Arlozyb co 5/160/12.5mg; 5/160/25mg; 10/160/12.5mg; 10/160/25mg <b>(Not available on KeyCare plans)</b>
	R75	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg <b>(Not available on KeyCare plans)</b>
					Trobet 150mg; 300mg <b>(Not available on KeyCare plans)</b>
				Losartan	Annin 50mg; 100mg
					Austell Losartan 50mg; 100mg
					Losartan Accord 50mg; 100mg <b>(Not available on KeyCare plans)</b>
					Losartan Macleods 50mg; 100mg <b>(Not available on KeyCare plans)</b>
					Normoten 50mg; 100mg <b>(Not available on KeyCare plans)</b>
					Zaario 50mg; 100mg <b>(Not available on KeyCare plans)</b>
					Zartan 50mg; 100mg <b>(Not available on KeyCare plans)</b>
				Telmisartan	Telpres 40mg; 80mg <b>(Not available on KeyCare plans)</b>
	Tesminol 40mg; 80mg <b>(Not available on KeyCare plans)</b>				
	Ticarda 40mg; 80mg <b>(Not available on KeyCare plans)</b>				
Valsartan	Adco-Valsartan 80mg; 160mg <b>(Not available on KeyCare plans)</b>				
	Niosar 80mg; 160mg <b>(Not available on KeyCare plans)</b>				
R200	R200	Anti-adrenergic agents: Alpha-adrenoreceptor antagonists	Doxazosin	Cardugen 1mg; 4mg	
				Urodoxa 4mg	
R200	R200	Anti-adrenergic agents: Methyldopa	Methyldopa	Hypotone 250mg	
				Timucen 250mg	

#### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Hypertension	R40	R40	Anti-adrenergic agents: Rauwolfia alkaloids	Reserpine	Reserpine 0.25mg
	R120	R120	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
					Hyperphen 10mg; 50mg
	R140	R140	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
	R60	R70	Beta blocking agents: Selective	Atenolol	Atenolol Arya 50mg; 100mg
					B-Block 50mg; 100mg
					Gulf Atenolol 50mg; 100mg
					Tenopress 50mg; 100mg
				Bisoprolol	Adco-Bisocor 5mg; 10mg
					Biloblok 5mg; 10mg
					Bilocor 5mg; 10mg
					Bislo 5mg; 10mg
	R105	R105	Calcium channel blockers and diuretics	Amlodipine and diuretics	Natrixam 1.5/5mg; 1.5/10mg
					R20
	Furobe 40mg				
	R15	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Gulf Hydrochlorothiazide 25mg
					Hexazide 25mg
					Ridaq 12.5mg
	R25	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
					Cipla-Indapamide 2.5mg
Daptril 2.5mg					
Mylan Indapamide 2.5mg					
R120	R120	Potassium sparing agents	Spironolactone	Aldactone 25mg	
				Spiractin 25mg	
				Spironolactone 25mg Accord 25mg	

#### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH		
Hypertension	R120	R120	Potassium sparing agents	Spironolactone	Spironolactone 25 Kiara	25mg	
					R130	R130	Potassium supplements
	Ultipot	600mg					
	R245	R245	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR	180mg; 240mg	
					Verapamil	Verahexal 240 SR	240mg
						Verapamil 40 Oethmaan	40mg
	R80	R80	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc	5mg; 10mg	
					Amlodac	5mg; 10mg	
					Amlodipine Unicorn	5mg; 10mg	
					Amtas	5mg; 10mg	
					Aprate	5mg; 10mg	
					Austell-Amlodipine	5mg; 10mg	
					Ciplavasc	5mg; 10mg	
					Gulf Amlodipine	5mg; 10mg	
					Pendine	5mg; 10mg	
					Vasloc	5mg; 10mg	
				Felodipine	Felodipine Kiara	5mg; 10mg <b>(Only Executive and Comprehensive plans)</b>	
				Nifedipine	Adalat XL	30mg <b>(Not available on KeyCare plans)</b>	
					Cipalat Retard	20mg	
	Cipalat XR	30mg, 60mg <b>(Not available on KeyCare plans)</b>					
Fedaloc SR	30mg, 60mg <b>(Not available on KeyCare plans)</b>						
Fidocare XL	30mg, 60mg <b>(Not available on KeyCare plans)</b>						
Gitsalat	30mg <b>(Not available on KeyCare plans)</b>						
Hypothyroidism	R30	R30	Thyroid hormones	Levothyroxine sodium	Euthyrox	25mcg; 50mcg; 75mcg; 100mcg	
					Roidace	25mcg; 50mcg; 75mcg; 100mcg	
Multiple sclerosis	R100	R100	Anti-depressants: Tricyclics	Amitriptyline	Amderip	10mg; 25mg	
					Amitriptyline 10mg Austell	10mg	

#### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Multiple sclerosis	R100	R100	Anti-depressants: Tricyclics	Amitriptyline	Amitriptyline HCl Kiara 25mg
					Gulf Amitriptyline 25mg
					Trepiline 10mg
					Veikirin 10mg; 25mg
	R290	R315	Drugs for urinary frequency and incontinence	Oxybutynin	Lenditro 5mg
					Mylan Oxybutynin 5mg
					Oxyrest 5mg
	R7 700	R7 700	Interferons	Interferon Beta-1A	Rebif 22 pre-filled syringe 0.5ml 22mcg/0.5ml
					Rebif 22 rebidose pre-filled pen 0.5ml 22mcg/0.5ml
					Rebif 44 pre-filled syringe 0.5ml 44mcg/0.5ml
					Rebif 44 rebidose pre-filled pen 0.5ml 44mcg/0.5ml
				Interferon Beta-1B	Betaferon pre-filled syringe 1ml 960000U/1ml
	R1 250	R1 250	Muscle relaxants: Other centrally acting agents	Baclofen	Teva Baclofen 10mg
	R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
					Panafcort 5mg
Trolic 5mg					
Parkinson's disease	R345	R345	Anticholinergic agents: Tertiary amines	Biperiden	Akineton 2mg
	R480	R480	Dopamine agonists	Pramipexole	Oxpola 0.125mg; 0.25mg
					Pexasp 0.125mg; 0.25mg; 1mg
	R280	R280	Dopaminergic agents: Adamantane derivatives	Amantadine	Symadin 100mg
	R480	R480	Dopaminergic agents: Monoamine oxidase B inhibitors - Rasagiline	Rasagiline	Azilect 1mg
					Kinect 1mg
					Rasapar 1mg
					Razeda 1mg
	R580	R580	Levodopa and decarboxylase inhibitor	Levodopa and decarboxylase inhibitor	Lecardop 25/100mg; 25/250mg
					Teva Carbi-Levo 25/100mg; 25/250mg

#### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH				
Rheumatoid arthritis	R65	R65	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	A-Lennon Diclofenac	50mg			
					Diclofenac Biotech	25mg			
					Diclofenac 50mg Clicks	50mg			
					Mylan Diclofenac	25mg; 50mg			
					Panamor AT	50mg			
				Indomethacin	Betacin	25mg			
					Gulf Indomethacin	25mg			
					Methocaps	25mg			
				R65	R65	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam	15mg
								Coxflam	7.5mg
	Flexocam	7.5mg							
	Piroxicam	Pyrocaps	20mg						
		Roxifen	20mg						
	R60	R60	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen	200mg			
					Bren	400mg			
					Ibucine	200mg; 400mg			
					Ibunate	200mg			
					Ibusor	200mg			
				Naproxen	Napinflam	250mg			
					Naproscript	250mg			
R120	R120	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine	200mg				
R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid	5mg				
				Gulf Folic acid	5mg				
R880	R880	Intestinal anti-inflammatories: Aminosalicic acid and similar agents	Sulfasalazine	Salazopyrin	500mg				
				Salazopyrin EN	500mg				
R440	R440	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun	50mg				
				Azathioprine PCH	50mg				

**CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)**

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Rheumatoid arthritis	R110	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate	2.5mg
					Methotrexate	2.5mg
	R775	R775	Selective immunosuppressive agents: Leflunomide	Leflunomide	Lunar	20mg
					Ravalef	10mg; 20mg
					Rheumalef	10mg; 20mg
	R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone	5mg
					Panafcort	5mg
					Trolic	5mg
Schizophrenia	R110	R130	Anti-depressants: SSRI's	Citalopram	Adco-Talomil	20mg
					Citalopram 20 Oethmaan	20mg
					Depramil	20mg
					Tamomilt	20mg
				Escitalopram	Accord Escitalopram	10mg; 20mg
					Dolin	10mg; 20mg
					Emerdyne	10mg; 20mg
					Esetam	10mg; 20mg
					Zyescito	10mg; 20mg
				Fluoxetine	Fluoxetine 20 Oethmaan	20mg
					Zydus Fluoxetine	20mg
				Sertraline	Dyna Sertraline	50mg; 100mg
	Tralidep	50mg; 100mg				
	R290	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol	200mg
					Partid	200mg
Tegretol CR					200mg; 400mg	
Zeptol					200mg	
R430	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex	150mg; 300mg	
				Convulex syrup	250mg/5ml	
				Epilim crushable	100mg	
				Eprolep CR	200mg; 300mg; 500mg	

#### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Schizophrenia	R430	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Navalpro CR 200mg; 300mg; 500mg
					Navalpro liquid 200mg/5ml
					Rubilim CR 200mg; 300mg; 500mg
					Valeptic CR 300mg; 500mg
	R325	R325	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
					Epitec 25mg; 50mg; 100mg; 200mg
					Lamitor 25mg; 50mg; 100mg; 200mg
					Lamorola 25mg; 50mg; 100mg; 200mg
					Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg
					Serinem 25mg; 50mg; 100mg; 200mg
	R160	R160	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg
	R615	R945	Anti-psychotics: Clozapine	Clozapine	Clozapine Oethmaan 25mg; 100mg
	R360	R360	Anti-psychotics: Indole derivatives	Ziprasidone	Zipsid 20mg; 40mg; 60mg; 80mg <b>(Not available on KeyCare plans)</b>
	R345	R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg
	R365	R365	Anti-psychotics: Olanzapine	Olanzapine	Alonza 5mg; 10mg
					Nezolap 5mg; 10mg
					Olandus 5mg; 10mg
					Olexar 5mg; 10mg
					Zolanz 5mg; 10mg
	R400	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg
R295	R295	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg	
				Dopaquel 25mg; 100mg; 200mg; 300mg	
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg	
				Qesara 25mg; 100mg; 200mg; 300mg	
				Qesara XR 150mg; 200mg; 300mg; 400mg <b>(Not available on KeyCare plans)</b>	

**CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)**

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH			
Schizophrenia	R295	R295	Anti-psychotics: Quetiapine	Quetiapine	Quetz 25mg; 100mg; 200mg; 300mg			
					Torquit 25mg; 100mg; 200mg; 300mg			
					Zimbiquet 25mg; 100mg; 200mg; 300mg			
	R560	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg			
					Fluanxol depot 1ml 20mg			
				Zuclopenthixol	Clopixol 2mg; 10mg			
					Clopixol depot 200mg			
	R270	R270	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg			
					Alebon 5mg; 10mg; 15mg			
					Aprizon 5mg; 10mg; 15mg			
					Arizofy 5mg; 10mg; 15mg			
					Priptrin 10mg; 15mg			
					Radzil 5mg; 10mg; 15mg			
					Thryve 5mg; 10mg			
	R360	R360	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg			
					Rispacor 0.5mg; 1mg; 2mg; 3mg			
					Rispide 0.5mg; 1mg; 2mg			
					Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg			
					Zoxadon ODT 0.5mg; 1mg; 2mg			
Systemic lupus erythematosus (SLE)	R65	R65	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	A-Lennon Diclofenac 50mg			
					Diclofenac Biotech 25mg			
					Diclofenac 50mg Clicks 50mg			
					Mylan Diclofenac 25mg; 50mg			
					Panamor AT 50mg			
				Indomethacin	Betacin 25mg			
					Gulf Indomethacin 25mg			
					Methocaps 25mg			
				R65	R65	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
								Coxflam 7.5mg
	Flexocam 7.5mg							

#### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Systemic lupus erythematosus (SLE)	R65	R65	Anti-inflammatory agents: Oxicams	Piroxicam	Pyrocaps 20mg
					Roxifen 20mg
	R60	R60	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg
					Bren 400mg
					Ibucine 200mg; 400mg
					Ibunate 200mg
					Ibusor 200mg
					Naproxen
	Naproscript 250mg				
	R120	R120	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg
	R85	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
					Segavin 5mg
					Warfarin 5mg Austell 5mg
					Warfarin 5 Unicorn 5mg
	R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin 100mg
					Myoprin (Not available on KeyCare plans) 100mg
					Trinprin 100mg
	R25	R25	Emollients and protectives: Zinc products	Zinc products	Zinc ointment bp
	R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
					Gulf Folic acid 5mg
R440	R440	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg	
				Azathioprine PCH 50mg	
R110	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
				Methotrexate 2.5mg	
R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
				Trolic 5mg	

#### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Systemic lupus erythematosus (SLE)	R25	R25	Topical Corticosteroids: Group III	Betamethasone	Repivate cream 0.1%	
					Topivate cream 0.1%	
Ulcerative colitis	R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
					Gulf Folic acid 5mg	
	R880	R880	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg	
					Asacol suppository <b>(Not available on KeyCare plans)</b> 500mg	
					Mezavant <b>(Not available on KeyCare plans)</b> 1200mg	
					Pentasa 500mg	
					Pentasa suppository <b>(Not available on KeyCare plans)</b> 1000mg	
					Salofalk <b>(Not available on KeyCare plans)</b> 1500mg	
					Sulfasalazine	Salazopyrin 500mg
					Salazopyrin EN 500mg	
	R1 940	R2 220	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Entocord enema 0.02mg/1ml <b>(Only Executive and Comprehensive plans)</b>	
	R440	R440	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg	
					Azathioprine PCH 50mg	
	R110	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
Methotrexate 2.5mg						
R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg		
				Panafcort 5mg		
				Trolic 5mg		

#### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



## The Chronic Disease List (CDL) Enhanced medicine list (formulary) for all plan types

The CDL Enhanced medicine list applies to all Discovery Health Medical Scheme plans for the 2025 benefit year. The Chronic Drug Amount (CDA) **does not apply** to the KeyCare and Smart plans.

CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Asthma	R220	R220	Anti-asthmatics: Leukotriene receptor antagonists	Montelukast	Airathon 4mg; 5mg; 10mg <b>(Not available on KeyCare plans)</b>
					Astelair 4mg; 5mg; 10mg <b>(Not available on KeyCare plans)</b>
					Lumont 4mg; 5mg; 10mg <b>(Not available on KeyCare plans)</b>
					Maclutek 4mg; 5mg; 10mg <b>(Not available on KeyCare plans)</b>
					Monteflo 4mg; 5mg; 10mg <b>(Not available on KeyCare plans)</b>
					Montelukast lhc 4mg; 5mg; 10mg <b>(Not available on KeyCare plans)</b>
					Topraz 4mg; 5mg; 10mg <b>(Not available on KeyCare plans)</b>
Asthma	R535	R535	Indacaterol, Glycopyrronium bromide and Mometasone	Indacaterol, Glycopyrronium bromide and Mometasone	Zimbus breezhaler (30 caps & inhaler) 150/50/80; 150/50/160
					R65
Asthma	R65	R65	Nasal Corticosteroids	Fluticasone	Fluticasone OTC Teva 120 dose 50mcg <b>(Not available on KeyCare plans)</b>
				Cardiac failure	R280
Cardiac failure	R280	R280	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Dapagliflozin	Dapiflo 10mg <b>(Not available on KeyCare plans)</b>
					Daptica 10mg <b>(Not available on KeyCare plans)</b>
					Duforzig 10mg <b>(Not available on KeyCare plans)</b>
					Redifarg 10mg <b>(Not available on KeyCare plans)</b>
					Sagalatin 10mg <b>(Not available on KeyCare plans)</b>
Chronic obstructive pulmonary disease (COPD)	R205	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose

### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Chronic obstructive pulmonary disease (COPD)	R435	R435	Adrenergics: Ultra long acting - Indacaterol	Indacaterol	Onbrez breezhaler (30 caps & inhaler) <b>(Only Executive and Comprehensive plans)</b>
	R240	R240	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg <b>(Only Executive and Comprehensive plans)</b>
	R240	R240	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg
					Symbicord turbohaler 60 dose 320/9mcg <b>(Only Executive and Comprehensive plans)</b>
					Symbicord turbohaler 120 dose 160/4.5mcg <b>(Only Executive and Comprehensive plans)</b>
					Vannair 120 dose 80/4.5mcg; 160/4.5mcg <b>(Only Executive and Comprehensive plans)</b>
	R240	R240	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R545	R545	Indacaterol and Glycopyrronium bromide	Indacaterol and Glycopyrronium bromide	Ultibro breezhaler (30 caps & inhaler)
	R465	R465	Inhaled anticholinergics: Glycopyrronium bromide	Glycopyrronium bromide	Seebri breezhaler (30 caps & inhaler)
	R325	R325	Inhaled anticholinergics: Tiotropium bromide	Tiotropium bromide	Tiotor 30 inh capsules with zelpir inhaler
	R240	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Duoasma 120 dose 25/125; 25/250 <b>(Not available on KeyCare plans)</b>
					Sereflo DPI 60 dose 50/100; 50/250; 50/500 <b>(Not available on KeyCare plans)</b>
					Sereflo HFA 120 dose 25/50
					Sereflo HFA 120 dose 25/125; 25/250 <b>(Not available on KeyCare plans)</b>
Sereflo HFA synchrobreathe 120 dose 25/50					
Sereflo HFA synchrobreathe 120 dose 25/125; 25/250 <b>(Not available on KeyCare plans)</b>					
Spirodisc 60 dose 50/100; 50/250; 50/500 <b>(Not available on KeyCare plans)</b>					
R240	R240	Vilanterol and Fluticasone combinations	Vilanterol and Fluticasone furoate	Revinty ellipta 30 dose 92/22mcg; 184/22mcg <b>(Not available on KeyCare plans)</b>	
Chronic renal disease	R270	R270	Hepatitis B vaccine	Hepatitis B, purified antigen	Euvax b vial 1ml 20mcg/1ml
					Heberbio hbv sgl dose 1ml adult 20mcg/1ml

#### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Coronary artery disease	R130	R130	Anti-thrombotic agents: Clopidogrel	Clopidogrel	Aviolix 75mg
					Clovexa 75mg
					Pharma Dynamics Clopidogrel 75mg
					Plagrol 75mg
Diabetes mellitus Type 2	R330	R330	Anti-diabetic agents: Metformin and Dapagliflozin	Metformin and Dapagliflozin	Synglutra 10/1000mg <b>(Not available on KeyCare plans)</b>
	R175	R225	Anti-diabetic agents: Metformin and Sitagliptin	Metformin and Sitagliptin	Metplitin Co 50/850mg; 50/1000mg <b>(Not available on KeyCare plans)</b>
	R125	R175	Dipeptidyl peptidase inhibitors: Sitagliptin	Sitagliptin	Metplitin 50mg; 100mg <b>(Not available on KeyCare plans)</b>
	R125	R175	Dipeptidyl peptidase inhibitors: Vildagliptin	Vildagliptin	Zomvil 50mg <b>(Not available on KeyCare plans)</b>
	R280	R280	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Dapagliflozin	Daglif 10mg <b>(Not available on KeyCare plans)</b>
					Dapiflo 10mg <b>(Not available on KeyCare plans)</b>
					Daptica 10mg <b>(Not available on KeyCare plans)</b>
					Duforzig 10mg <b>(Not available on KeyCare plans)</b>
					Redifarg 10mg <b>(Not available on KeyCare plans)</b>
	Sagalatin 10mg <b>(Not available on KeyCare plans)</b>				
Dysrhythmia	R455	R700	Anti-thrombotic agents: Direct Thrombin inhibitors: Dabigatran Etxelate	Dabigatran Etxelate	Dabigatran DRL 75mg; 150mg <b>(Only Executive and Comprehensive plans)</b>
	R455	R700	Direct factor Xa inhibitors: Apixaban	Apixaban	Apixaban Accord 2.5mg; 5mg <b>(Only Executive and Comprehensive plans)</b>
					Apixaban DRL 2.5mg; 5mg <b>(Only Executive and Comprehensive plans)</b>
					Eplipix 2.5mg; 5mg <b>(Only Executive and Comprehensive plans)</b>

#### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH		
Multiple sclerosis	R6 160	R6 160	Cytokines and immunomodulators: Other	Glatiramer Acetate	Copaxone pre-filled syringe 1ml	20mg/1ml	
					Copaxone pre-filled pen 1ml	40mg/1ml	
	R4 560	R4 560	Selective immunosuppressive agents: Fingolimod	Fingolimod	Filengia	0.5mg	
					Glomatin	0.5mg	
	R4 070	R4 070	Selective immunosuppressive agents: Teriflunomide	Teriflunomide	Aubamide	14mg	
					Teriflunomide Adco	14mg	
					Teriflunomide 14 Teva	14mg	
	Rheumatoid arthritis	R65	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Anabrex	100mg; 200mg <b>(Not available on KeyCare plans)</b>
						Celebrex	200mg <b>(Not available on KeyCare plans)</b>
Celexii						100mg; 200mg <b>(Not available on KeyCare plans)</b>	
Cyretib						100mg; 200mg <b>(Not available on KeyCare plans)</b>	
Innoflam						100mg; 200mg <b>(Not available on KeyCare plans)</b>	
Vexicop						100mg; 200mg <b>(Not available on KeyCare plans)</b>	
Systemic lupus erythematosus (SLE)	R65	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Anabrex	100mg; 200mg <b>(Not available on KeyCare plans)</b>	
					Celebrex	200mg <b>(Not available on KeyCare plans)</b>	
					Celexii	100mg; 200mg <b>(Not available on KeyCare plans)</b>	
					Cyretib	100mg; 200mg <b>(Not available on KeyCare plans)</b>	
					Innoflam	100mg; 200mg <b>(Not available on KeyCare plans)</b>	
					Vexicop	100mg; 200mg <b>(Not available on KeyCare plans)</b>	

#### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



## Monthly limit amounts for diabetes consumables

The monthly limit amount below applies to the consumables for insulin pumps for the management of Diabetes mellitus Type 1.

CHRONIC DISEASE LIST CONDITION	MONTHLY LIMIT AMOUNT	SURGICAL CLASS
Diabetes mellitus Type 1	R1 747	Insulin pump reservoirs and infusion sets <b>(Only Executive and Comprehensive plans)</b>

## Oxygen

CHRONIC DISEASE LIST CONDITION	MONTHLY LIMIT AMOUNT FOR KEYCARE PLANS	MONTHLY LIMIT AMOUNT FOR NON-KEYCARE PLANS	SURGICAL CLASS
Chronic obstructive pulmonary disease (COPD)	R797	R886	Oxygen Concentrator (Rental)

## Vaccines

Members approved for Cardiac failure or Cardiomyopathy are eligible for lifetime cover for one dose of the Pneumococcal Conjugate Vaccine (PCV13), and one dose of the Pneumococcal Polysaccharide Vaccine (PPSV23), with the doses claimed at least one year apart.

Additionally, members approved for Cardiac failure, Cardiomyopathy, or COPD will have access to one flu vaccine every year.

CHRONIC DISEASE LIST CONDITION	MEDICINE CLASS	ACTIVE INGREDIENT	FREQUENCY
Cardiac failure Cardiomyopathy Chronic obstructive pulmonary disease (COPD)	Influenza vaccines	Influenza, purified antigen	Yearly
Cardiac failure Cardiomyopathy	Pneumococcus vaccines	Pneumococcal Polysaccharide Vaccine (PPSV23)	Once in a lifetime
		Pneumococcal Conjugate Vaccine (PCV13)	Once in a lifetime

### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



## Chronic Drug Amounts for the Executive and Classic Comprehensive plans covered for Additional Disease List (ADL) conditions.

The Chronic Drug Amounts (CDAs) below apply to the Executive and Comprehensive plans, except the Classic Smart Comprehensive Plan, for ADL conditions.

ADDITIONAL DISEASE LIST (ADL) CONDITION	CHRONIC DRUG AMOUNT (CDA)	MEDICINE CLASS
Ankylosing spondylitis	R65	Anti-inflammatory agents - Acetic acid derivatives and related substances
	R40	Anti-inflammatory agents - Butylpyrazolidines
	R220	Anti-inflammatory agents - Coxibs
	R60	Anti-inflammatory agents - Fenamates
	R60	Anti-inflammatory agents - Other anti-inflammatory and anti-rheumatic agents, non-steroids
	R65	Anti-inflammatory agents - Oxicams
	R60	Anti-inflammatory agents - Propionic acid derivatives
	R10	Folic acid and derivatives
	R880	Intestinal anti-inflammatories - Aminosalicylic acid and similar agents
	R440	Other immunosuppressive agents - Azathioprine
	R110	Other immunosuppressive agents - Methotrexate
	R130	Potassium supplements
	R775	Selective immunosuppressive agents - Leflunomide
	R270	Systemic Corticosteroids - Betamethasone
Behcet's disease	R360	Alkylating agents - Nitrogen mustard analogues
	R440	Other immunosuppressive agents - Azathioprine
	R130	Potassium supplements
	R270	Systemic Corticosteroids - Betamethasone
Cystic fibrosis	R205	Adrenergics - Long acting - Salmeterol
	R45	Adrenergics - Short acting - Salbutamol
	R27 000	Anti-bacterial agents, Systemic - Aminoglycosides
	R560	Anti-bacterial agents, Systemic - Macrolides
	R455	Anti-bacterial agents, Systemic - Other
	R490	Anti-bacterial agents, Systemic - Penicillins
	R165	Anti-bacterial agents, Systemic - Quinolones
	R65	Anti-bacterial agents, Systemic - Sulfonamides
	R440	Anti-fungal agents, Systemic
	R7 300	Digestive enzymes
	R300	Drugs for constipation

### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



ADDITIONAL DISEASE LIST (ADL) CONDITION	CHRONIC DRUG AMOUNT (CDA)	MEDICINE CLASS
Cystic fibrosis	R245	Mucolytics
	R650	Nutritional supplements
	R110	Other plain vitamin preparations
	R130	Potassium supplements
	R100	Sodium Chloride for nebulisation
	R270	Systemic Corticosteroids - Betamethasone
	R365	Vitamin D and analogues
Delusional disorder	R345	Anticholinergic agents - Tertiary amines
	R750	Anti-depressants - MAOI's - Non-selective
	R130	Anti-depressants - SSRI's
	R100	Anti-depressants - Tricyclics
	R400	Anti-psychotics - Phenothiazines with aliphatic side-chain
	R405	Other anti-depressants - Augmenters - Trazodone
	R750	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin
	R390	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine
	R700	Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine
	R375	Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion
	R290	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine
	R180	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine
	R290	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine
	R320	Other anti-depressants - Vortioxetine
Dermatopolymyositis	R120	Anti-rheumatic agents - Chloroquine
	R10	Folic acid and derivatives
	R440	Other immunosuppressive agents - Azathioprine
	R110	Other immunosuppressive agents - Methotrexate
	R130	Potassium supplements
	R270	Systemic Corticosteroids - Betamethasone
Generalised anxiety disorder	R750	Anti-depressants - MAOI's - Non-selective
	R130	Anti-depressants - SSRI's
	R100	Anti-depressants - Tricyclics
	R405	Other anti-depressants - Augmenters - Trazodone
	R750	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin

#### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



ADDITIONAL DISEASE LIST (ADL) CONDITION	CHRONIC DRUG AMOUNT (CDA)	MEDICINE CLASS
Generalised anxiety disorder	R390	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine
	R700	Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine
	R375	Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion
	R290	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine
	R180	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine
	R290	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine
	R320	Other anti-depressants - Vortioxetine
Huntington's disease	R750	Anti-depressants - MAOI's - Non-selective
	R130	Anti-depressants - SSRI's
	R100	Anti-depressants - Tricyclics
	R300	Anti-epileptics - Benzodiazepine derivatives
	R385	Anti-epileptics - Carboxamide derivatives
	R430	Anti-epileptics - Fatty acid derivatives
	R130	Anti-epileptics - Hydantoin derivatives
	R325	Anti-epileptics - Other agents
	R720	Anti-epileptics - Succinimide derivatives
	R345	Anti-psychotics - Lithium
	R400	Anti-psychotics - Phenothiazines with aliphatic side-chain
	R405	Other anti-depressants - Augmenters - Trazodone
	R750	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin
	R390	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine
	R700	Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine
	R375	Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion
	R290	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine
	R180	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine
	R290	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine
	R320	Other anti-depressants - Vortioxetine
Isolated growth hormone deficiency in children under 18 years	R11 850	Anterior Pituitary hormones - Somatropin and somatropin agonists
Major depression	R345	Anticholinergic agents - Tertiary amines
	R750	Anti-depressants - MAOI's - Non-selective
	R130	Anti-depressants - SSRI's

#### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



ADDITIONAL DISEASE LIST (ADL) CONDITION	CHRONIC DRUG AMOUNT (CDA)	MEDICINE CLASS
Major depression	R100	Anti-depressants - Tricyclics
	R385	Anti-epileptics - Carboxamide derivatives
	R430	Anti-epileptics - Fatty acid derivatives
	R130	Anti-epileptics - Hydantoin derivatives
	R325	Anti-epileptics - Other agents
	R720	Anti-epileptics - Succinimide derivatives
	R360	Anti-psychotics - Benzamides
	R345	Anti-psychotics - Lithium
	R650	Anti-psychotics - Thioxanthene derivatives
	R405	Other anti-depressants - Augmenters - Trazodone
	R290	Other anti-depressants - Melatonergic agents - Agomelatine
	R750	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin
	R390	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine
	R700	Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine
	R375	Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion
	R290	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine
	R180	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine
R290	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine	
R320	Other anti-depressants - Vortioxetine	
Motor neurone disease	R100	Anti-depressants - Tricyclics
	R300	Anti-epileptics - Benzodiazepine derivatives
	R515	Muscle relaxants - Carbamic acid esters
	R7 730	Other nervous system drugs
Muscular dystrophy and other inherited myopathies	R300	Anti-epileptics - Benzodiazepine derivatives
	R515	Muscle relaxants - Carbamic acid esters
	R130	Potassium supplements
	R270	Systemic Corticosteroids - Betamethasone
Myasthenia gravis	R360	Alkylating agents - Nitrogen mustard analogues
	R10	Folic acid and derivatives
	R440	Other immunosuppressive agents - Azathioprine
	R110	Other immunosuppressive agents - Methotrexate
	R2 300	Parasympathomimetics - Anticholinesterases

#### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



ADDITIONAL DISEASE LIST (ADL) CONDITION	CHRONIC DRUG AMOUNT (CDA)	MEDICINE CLASS
Myasthenia gravis	R130	Potassium supplements
	R2 460	Selective immunosuppressive agents - Mycophenolic acid
	R270	Systemic Corticosteroids - Betamethasone
Obsessive compulsive disorder	R345	Anticholinergic agents - Tertiary amines
	R750	Anti-depressants - MAOI's - Non-selective
	R130	Anti-depressants - SSRI's
	R100	Anti-depressants - Tricyclics
	R385	Anti-epileptics - Carboxamide derivatives
	R430	Anti-epileptics - Fatty acid derivatives
	R130	Anti-epileptics - Hydantoin derivatives
	R325	Anti-epileptics - Other agents
	R720	Anti-epileptics - Succinimide derivatives
	R345	Anti-psychotics - Lithium
	R405	Other anti-depressants - Augmenters - Trazodone
	R750	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin
	R390	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine
	R700	Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine
	R375	Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion
	R290	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine
	R180	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine
R290	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine	
R320	Other anti-depressants - Vortioxetine	
Osteoporosis	R575	Anti-parathyroid agents - Calcitonin preparations
	R330	Drugs treating bone disorders - Bisphosphonates
	R330	Other drugs treating bone disorders
	R800	Selective estrogen receptor modulators
Paget's disease	R330	Drugs treating bone disorders - Bisphosphonates
Panic disorder	R750	Anti-depressants - MAOI's - Non-selective
	R130	Anti-depressants - SSRI's
	R100	Anti-depressants - Tricyclics
	R405	Other anti-depressants - Augmenters - Trazodone
	R750	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin

#### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



ADDITIONAL DISEASE LIST (ADL) CONDITION	CHRONIC DRUG AMOUNT (CDA)	MEDICINE CLASS
Panic disorder	R390	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine
	R700	Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine
	R375	Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion
	R290	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine
	R180	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine
	R290	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine
	R320	Other anti-depressants - Vortioxetine
Polyarteritis nodosa	R120	Anti-rheumatic agents - Chloroquine
	R10	Folic acid and derivatives
	R880	Intestinal anti-inflammatories - Aminosalicylic acid and similar agents
	R440	Other immunosuppressive agents - Azathioprine
	R110	Other immunosuppressive agents - Methotrexate
	R130	Potassium supplements
	R270	Systemic Corticosteroids - Betamethasone
Post traumatic stress disorder	R750	Anti-depressants - MAOI's - Non-selective
	R130	Anti-depressants - SSRI's
	R100	Anti-depressants - Tricyclics
	R405	Other anti-depressants - Augmenters - Trazodone
	R750	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin
	R390	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine
	R700	Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine
	R375	Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion
	R290	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine
	R180	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine
	R290	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine
	R320	Other anti-depressants - Vortioxetine
Psoriatic arthritis	R65	Anti-inflammatory agents - Acetic acid derivatives and related substances
	R40	Anti-inflammatory agents - Butylpyrazolidines
	R220	Anti-inflammatory agents - Coxibs
	R60	Anti-inflammatory agents - Fenamates
	R60	Anti-inflammatory agents - Other anti-inflammatory and anti-rheumatic agents, non-steroids
	R65	Anti-inflammatory agents - Oxicams

#### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



ADDITIONAL DISEASE LIST (ADL) CONDITION	CHRONIC DRUG AAMOUT (CDA)	MEDICINE CLASS
Psoriatic arthritis	R60	Anti-inflammatory agents - Propionic acid derivatives
	R120	Anti-rheumatic agents - Chloroquine
	R10	Folic acid and derivatives
	R880	Intestinal anti-inflammatories - Aminosalicylic acid and similar agents
	R440	Other immunosuppressive agents - Azathioprine
	R110	Other immunosuppressive agents - Methotrexate
	R130	Potassium supplements
	R270	Systemic Corticosteroids - Betamethasone
Pulmonary interstitial fibrosis	R205	Adrenergics - Long acting - Salmeterol
	R45	Adrenergics - Short acting - Salbutamol
	R360	Alkylating agents - Nitrogen mustard analogues
	R120	Anti-rheumatic agents - Chloroquine
	R10	Folic acid and derivatives
	R275	Inhaled anticholinergics - Ipratropium bromide
	R190	Inhaled Glucocorticoids
	R880	Intestinal anti-inflammatories - Aminosalicylic acid and similar agents
	R440	Other immunosuppressive agents - Azathioprine
	R110	Other immunosuppressive agents - Methotrexate
	R130	Potassium supplements
	R270	Systemic Corticosteroids - Betamethasone
Sjogren's syndrome	R65	Anti-inflammatory agents - Acetic acid derivatives and related substances
	R40	Anti-inflammatory agents - Butylpyrazolidines
	R220	Anti-inflammatory agents - Coxibs
	R60	Anti-inflammatory agents - Fenamates
	R60	Anti-inflammatory agents - Other anti-inflammatory and anti-rheumatic agents, non-steroids
	R65	Anti-inflammatory agents - Oxicams
	R60	Anti-inflammatory agents - Propionic acid derivatives
	R120	Anti-rheumatic agents - Chloroquine
	R110	Other immunosuppressive agents - Methotrexate
	R100	Other urologicals
	R270	Systemic Corticosteroids - Betamethasone
Systemic sclerosis	R360	Alkylating agents - Nitrogen mustard analogues

#### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



ADDITIONAL DISEASE LIST (ADL) CONDITION	CHRONIC DRUG AAMOUT (CDA)	MEDICINE CLASS
Systemic sclerosis	R65	Anti-inflammatory agents - Acetic acid derivatives and related substances
	R40	Anti-inflammatory agents - Butylpyrazolidines
	R220	Anti-inflammatory agents - Coxibs
	R60	Anti-inflammatory agents - Fenamates
	R60	Anti-inflammatory agents - Other anti-inflammatory and anti-rheumatic agents, non-steroids
	R65	Anti-inflammatory agents - Oxicams
	R60	Anti-inflammatory agents - Propionic acid derivatives
	R2 185	Antimetabolites - Mercaptopurine
	R120	Anti-rheumatic agents - Chloroquine
	R1 300	Anti-rheumatic agents - Penicillamine and similar agents
	R10	Folic acid and derivatives
	R440	Other immunosuppressive agents - Azathioprine
	R110	Other immunosuppressive agents - Methotrexate
	R130	Potassium supplements
	R190	Proton pump inhibitors
	R80	Selective calcium channel blockers with mainly vascular effects
R270	Systemic Corticosteroids - Betamethasone	

#### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



## Working to care for and protect you

Our goal is to provide support for you in the times when you need it most.

### How to contact us

Tel (members): 0860 99 88 77, Tel (health partners): 0860 44 55 66.

Go to [www.discovery.co.za](http://www.discovery.co.za) Get Help or ask a question on WhatsApp. Save this number 0860 756 756 on your phone and say "Hi" to start chatting with us 24/7.

PO Box 784262, Sandton, 2146. 1 Discovery Place, Sandton, 2196.

### What to do if you have a complaint

#### 01 | To take your query further:

If you have already contacted Discovery Health Medical Scheme and you feel that your query has still not been resolved, please complete our online complaints form on [www.discovery.co.za](http://www.discovery.co.za). We would also love to hear from you if we have exceeded your expectations.

#### 02 | To contact the principal officer:

If you are still not satisfied with the resolution of your complaint after following the process in Step 1, you can escalate your complaint to the Principal Officer of Discovery Health Medical Scheme. You can lodge a query or complaint with us by completing the online form on [www.discovery.co.za](http://www.discovery.co.za) or by emailing [principalofficer@discovery.co.za](mailto:principalofficer@discovery.co.za).

#### 03 | To lodge a dispute:

If you have received a final decision from us and you want to challenge it, you can lodge a formal dispute. You can find more information about our dispute process on the [website](#).

#### 04 | To contact the Council for Medical Schemes:

Discovery Health Medical Scheme is regulated by the Council for Medical Schemes. You can contact the Council at any stage of the complaints process, but we encourage you to first follow the steps above to resolve your complaint before contacting the Council. Contact details for the Council for Medical Schemes: Council for Medical Schemes Complaints Unit, Block A, Eco Glades, 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion 0157 | [complaints@medicalschemes.co.za](mailto:complaints@medicalschemes.co.za) | 0861 123 267 | [www.medicalschemes.co.za](http://www.medicalschemes.co.za).

### Your privacy is important to us

We hold your privacy in the highest regard. Our unwavering commitment to protecting your personal information and ensuring the security and confidentiality of your data is clearly outlined in our Privacy Statement. You can view our latest version on [www.discovery.co.za](http://www.discovery.co.za) > Medical aid > About Discovery Health Medical Scheme.

#### CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.