

Health4Me premiums

Day-to-day benefit premiums

GP visits:

Unlimited with a Hello Doctor pre-authorisation

Member type

Bronze

Silver

Gold

Employee

R245.00

R310.00

R391.00

Adult

R245.00

R310.00

R391.00

Child

R245.00

R310.00

R195.00

GP visits booster benefit:

You can choose to pay an additional premium in order for your employees to have unlimited Network GP visits without a Hello Doctor pre-authorisation

Member type

All options

Employee

R76.00

Adult

R76.00

Child

R76.00

Major medical event benefit premiums

Accident and emergency cover:

Member type

Base

Standard

Employee

R93.00

R130.00

Adult

R93.00

R130.00

Child

R52.00

R75.00

Emergency booster benefit:

You can top up your employees' Accident and emergency cover by adding Emergency booster, which covers emergency treatment relating to 11 additional conditions

*Available February 2026

Member type

Base

Standard

Employee

R47.00

R70.00

Adult

R47.00

R70.00

Child

R38.00

R53.00

Hospital cash and maternity lump sum benefit:

Member type

Base

Standard

Employee

R83.00

R129.00

Adult

R83.00

R129.00

Child

R40.00

R70.00

Funeral benefit:

Member type

Base

Standard

Employee

R21.00

R24.00

Adult

R21.00

R24.00

Child

R12.00

R13.00

Health4Me Health Insurance premiums are reviewed annually and exempt from VAT.

Financial advisers selling Health4Me Health Insurance are required to have a FAIS Category 1.3 Long-term Insurance subcategory B1 and Category 1.1 Long-term Insurance A. Premiums indicated apply to new clients joining in 2026. Premiums for clients that joined prior to 2026 may differ, based on the risk profile and demographics of the employer group.



momentum.co.za



health4me@momentum.co.za



0860 10 29 03



268 West Avenue, Centurion, 0157

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