



Dear Valued Raubex Employee,

You are working for an organisation that truly cares about you and your wellbeing. Our programme offers a range of services to assist you, and your immediate family should you ever require support.

This programme is funded by Raubex, giving you and your loved ones access to Counselling, Coaching and other support services like Financial and Legal Advice. When using this programme, you can rest assured that all your information will be treated confidentially and no one will ever know when or why you made use of the **AskNelson** services. These services will be available from 1 November 2025.

Our programme helps employees, and their loved ones cope with today's challenges such as financial pressure, high levels of personal stress, addictions, health problems, demanding work schedules, crime, and violence.

You can access the **AskNelson** Services via any of the below channels:

1. Telephone | 0800 635 766 (24 hours a day, 365 days a year)
2. Email | asknelson@kaelo.co.za
3. USSD | *134*928#
4. Website | www.kaelo.co.za
5. Kaelo Lifestyle WhatsApp Bot | **+27 66 433 6768**

Keep an eye out for upcoming launch sessions to learn more!

Sincerely,

The Kaelo Team



kaelolifestyle