

November 2025
Select plan

Dear Member

2026 BENEFITS AND CONTRIBUTIONS FOR WORKING MEMBERS AND PENSIONERS

Enclosed you will find the Transmed member benefits guide for 2026. This guide contains important information about your revised benefits and contributions for 2026 and will assist you in understanding how to best manage your medical benefits based on your chosen plan.

2026 benefit changes

The benefit limits and selected sub-limits have been increased in line with anticipated tariff increases.

Should you require assistance or clarity with any benefits, please call our customer service department on **0800 450 010** and speak to our customer service agents, who will gladly assist you.

2026 contributions

In order to retain the current benefit offering on the Select plan, the overall contribution increase on this plan is 9.5%. The enclosed 2026 benefits guide provides full details of the contributions.

You are reminded that child dependants who are 21 to 24 years of age, are studying full- or part time at an accredited learning institution and are financially dependent on the principal member, qualify for child dependant contribution rates.

Changing your plan

You may change your benefit plan once a year with effect from 1 January.

In making a plan choice for 2026, we urge you to take not only contribution increases into account, but also to carefully study the benefits guide to ensure your family's anticipated healthcare needs for 2026 will be met on your chosen plan.

Remember that you will need to remain on your chosen plan for the full year and will only be able to make a change again in 2027.

Should you wish to change your plan for 2026, please complete the enclosed plan selection form and return it by no later than 31 December 2025.

Please refer to the benefits guide for more details about the plan change process.

Your plan change will be effective from 1 January 2026.

Please note that the benefit and contribution changes are still subject to approval by the Council for Medical Schemes.

24-hour pre-authorisation service

Transmed would like to remind you of the pre-authorisation service (toll free on **0800 225 151**) to direct you to appropriate treatment facilities when admission is required. This service is available 24 hours a day, seven days a week.

Continued overleaf

Ambulance service

In case of a medical emergency when an ambulance is required, please contact AZOZA (previously known as Europ Assistance) on **0800 115 750**. This service is also available 24 hours a day, seven days a week.

In closing

I would like to wish you and your loved ones a restful festive season and a healthy and prosperous 2026.

Yours faithfully

A handwritten signature in black ink, appearing to be 'P. Wassermann', written in a cursive style.

PETRUS WASSERMANN
PRINCIPAL OFFICER